

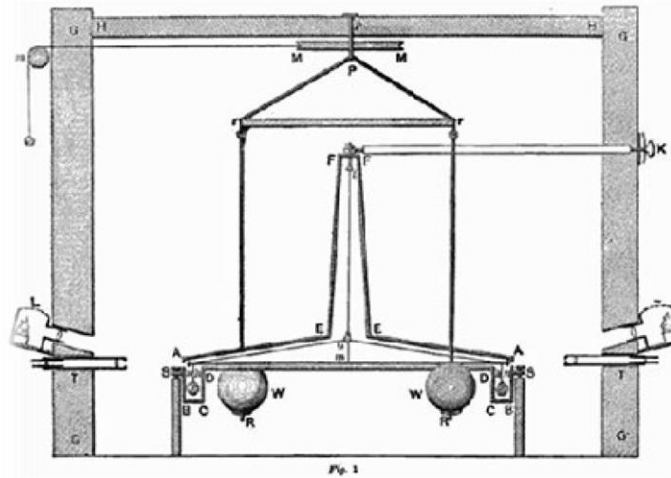
Scales of gravity, and tensor bounds on the hidden Universe

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Effective field theory and the scales of gravity



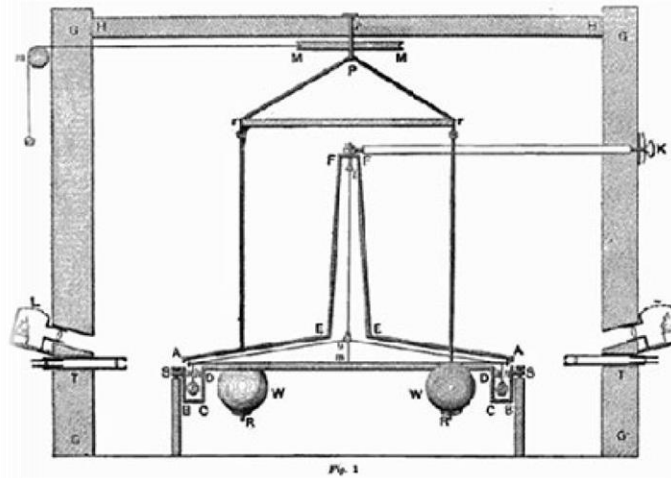
H. Cavendish

For any given momentum transfer, gravitational interactions have a strength set by a characteristic scale M_*

... inferred from amplitudes calculated in an effective theory with strong coupling scale M_{**} . In pure gravity:

$$M_* = M_{**} = M_{\text{pl}} = 2.44 \times 10^{18} \text{ GeV}$$

Effective field theory and the scales of gravity



H. Cavendish

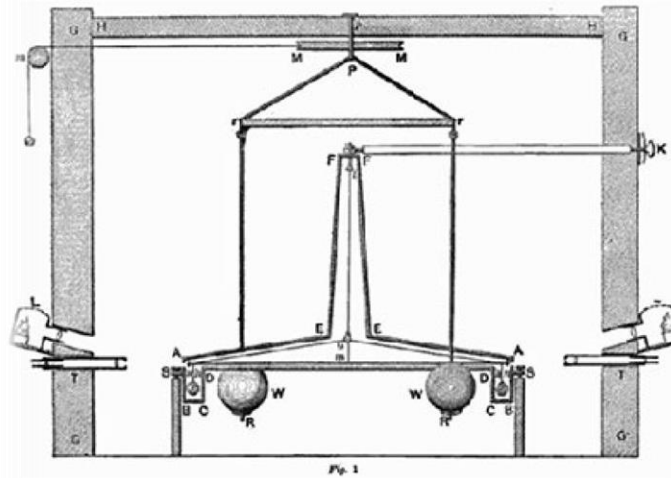
For any given momentum transfer, gravitational interactions have a strength set by a characteristic scale M_*

... inferred from amplitudes calculated in an effective theory with strong coupling scale M_{**} . In the presence of matter:

$$M_* \neq M_{**} \neq M_{\text{pl}}$$

Antoniadis, Patil '14, '15

Effective field theory and the scales of gravity

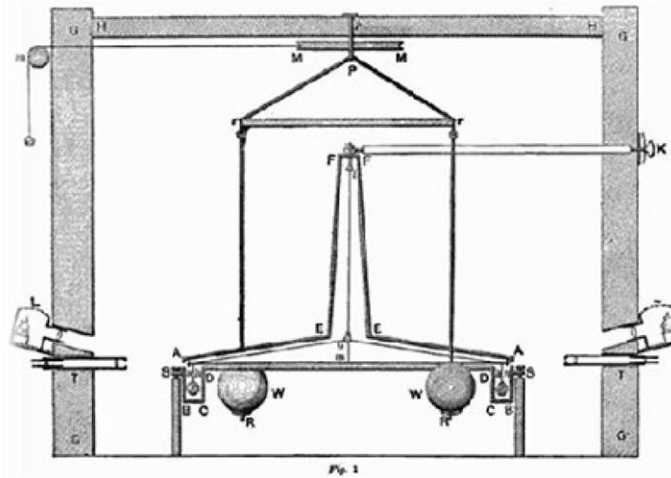


H. Cavendish

+ \hbar

- Consider some physical particle with mass m [Dvali, Redi '07](#)
- Scatter a test particle off of some very heavy point mass.
- When $\Delta x \sim \frac{\hbar}{mc}$, virtual pairs of these particles are created.
- Positive/negative energy solutions attracted/ repulsed from the source, effectively anti-screening it – gravity *appears* to have gotten stronger.

Effective field theory and the scales of gravity

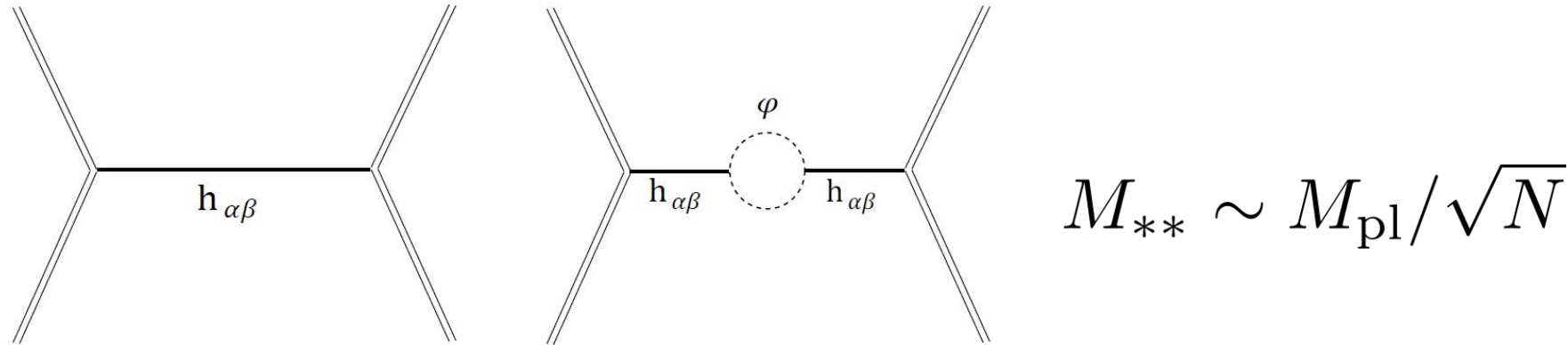


H. Cavendish

+ \hbar

- Consider some physical particle with mass m
- Scatter a test particle off of some very heavy point mass.
- When $\Delta x \sim \frac{\hbar}{mc}$, virtual pairs of these particles are created.
- Positive/negative energy solutions attracted/ repulsed from the source, effectively anti-screening it – gravity *appears* to have gotten stronger.
- What's actually happening: each massive species contributes to lowering the scale where strong gravitational effects become important.

Effective field theory and the scales of gravity



- Consider the virtual effect of some massive particle φ with mass m
- On a Minkowski background Dvali, Redi '07

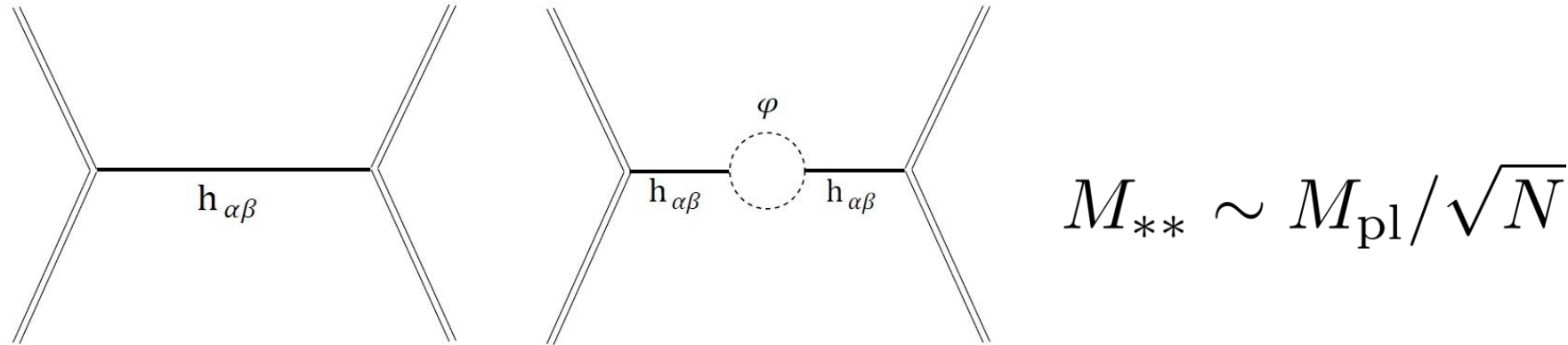
$$\sim \frac{1}{M_{\text{pl}}^4} \frac{1}{p^2} \langle T(-p)T(p) \rangle \frac{1}{p^2}$$

- When $p^2 \gg m^2$, theory becomes conformal:

$$\langle T(-p)T(p) \rangle \sim \frac{c}{16\pi^2} p^4 \log \frac{p^2}{\mu^2}$$

- Central charge $c := N = \frac{4}{3}N_\phi + 8N_\psi + 16N_V$ Duff '77

Effective field theory and the scales of gravity



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- Free propagator $1/(p^2 M_{\text{pl}}^2)$; perturbative treatment fails at $p = M_{\text{pl}}/\sqrt{N} \equiv M_{**}$

Effective field theory and the scales of gravity

- Consider generalization to curved backgrounds:

$$S = \frac{M_{\text{pl}}^2}{2} \int d^4x \sqrt{-g} R + \int d^4x \sqrt{-g} [c_1 R^2 + c_2 R^{\mu\nu} R_{\mu\nu}] + \dots$$

- c_1, c_2 indices that count a spin weighted sum of the particle content $\sim N$

- Expansion breaks down when $p^2 \sim M_{\text{pl}}^2/N$ or when $R \sim M_{\text{pl}}^2/N$

- e.g. during inflation, lets say we tried to calculate corrections to the graviton 2-pt function; $h_{\mu\nu} = g_{\mu\nu} - g_{\mu\nu}^0$

- Leading term – $S = \frac{M_{\text{pl}}^2}{8} \int d^4x \sqrt{-g^0} \left[\dot{h}_{ij} \dot{h}_{ij} - \frac{1}{a^2} \partial_k h_{ij} \partial_k h_{ij} \right]$

- Higher curvature contributions s.t. $M_{\text{pl}}^2 \rightarrow M_{\text{pl}}^2 \left(1 + c \frac{H^2}{M_{\text{pl}}^2} + \dots \right)$

Effective field theory and the scales of gravity

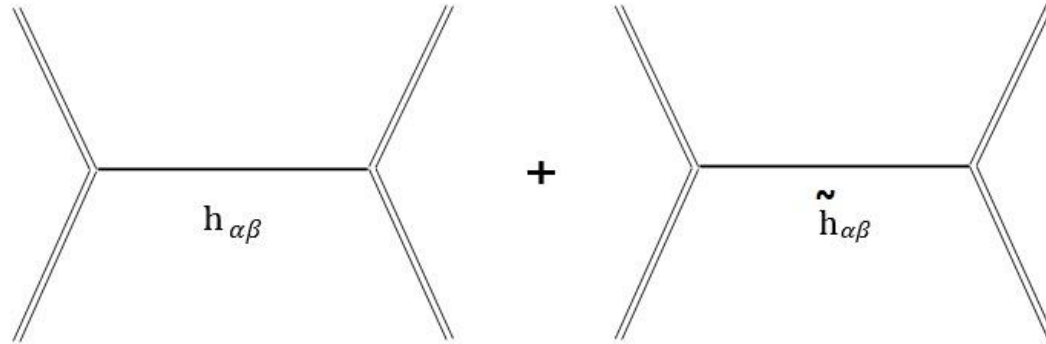
- Consider generalization to curved backgrounds:

$$S = \frac{M_{\text{pl}}^2}{2} \int d^4x \sqrt{-g} R + \int d^4x \sqrt{-g} [c_1 R^2 + c_2 R^{\mu\nu} R_{\mu\nu}] + \dots$$

- Corollary – it is not possible to consistently *infer* a scale of inflation higher than

$$H^2 \sim M_{\text{pl}}^2/N$$

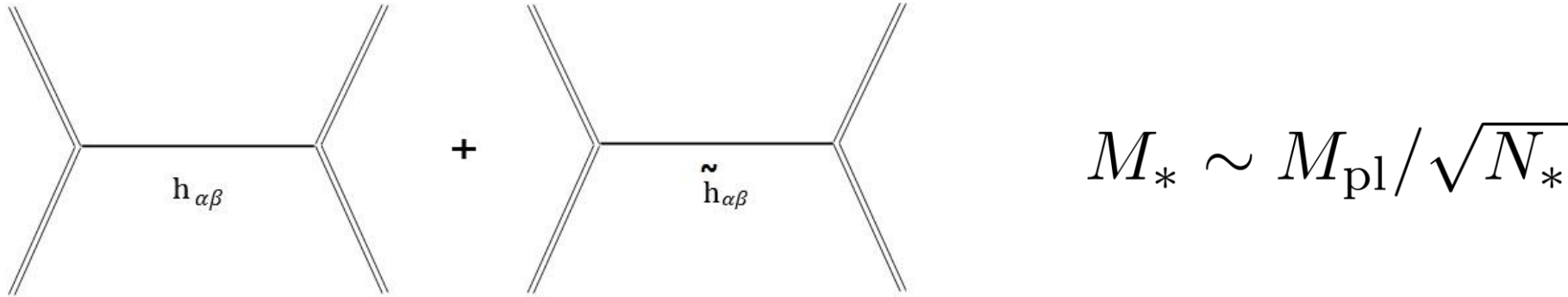
Effective field theory and the scales of gravity



The diagram shows two Feynman diagrams for graviton exchange. The first diagram on the left has a horizontal line labeled $h_{\alpha\beta}$ connecting two vertices. Each vertex has two external lines. The second diagram on the right is identical but the horizontal line is labeled $\tilde{h}_{\alpha\beta}$. A plus sign is between the two diagrams. To the right of the diagrams is the equation $M_* \sim M_{\text{pl}} / \sqrt{N_*}$.

- The *strength* of gravity M_* (inferred e.g. from a Cavendish experiment) is an independent quantity.
- (Can be M_{pl} all the way up till M_{**}) Gasperini '15
- N_* counts the number of contributing species with masses below the momentum transfer of the process in question.

Effective field theory and the scales of gravity



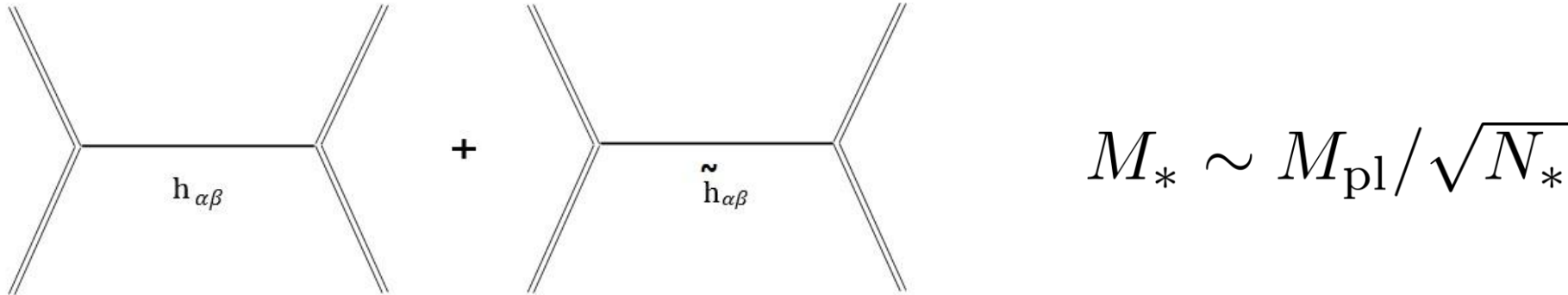
- If species in question is a KK mode with mass m_{KK} , we have the additional *tree-level* exchange

$$\frac{1}{M_{\text{pl}}^2 p^2} \rightarrow \frac{1}{M_{\text{pl}}^2 p^2} + \frac{n}{M_{\text{pl}}^2 (p^2 + m_{\text{KK}}^2)}$$

- In the regime $m_{\text{KK}}^2 \ll p^2 \ll M_{\text{pl}}^2/N$, strength of gravity is given by:

$$\frac{1}{M_{\text{pl}}^2 p^2} + \frac{n}{M_{\text{pl}}^2 p^2 (1 + m_{\text{KK}}^2/p^2)} \rightarrow \frac{n+1}{M_{\text{pl}}^2 p^2}$$

Effective field theory and the scales of gravity



- If species in question couples to the trace of the energy momentum tensor

$$\Delta\mathcal{L}_{\text{eff}} \sim \xi\phi^2 R \sim \xi \frac{\phi^2}{M_{\text{pl}}^2} T^\mu{}_\mu$$

- In the regime $m_\phi^2 \ll p^2 \ll M_{\text{pl}}^2/N$, expanding around $\langle\phi\rangle = v$

$$\frac{1}{M_{\text{pl}}^2 p^2} \rightarrow \frac{1}{M_{\text{pl}}^2 p^2} + \frac{g^2}{M_{\text{pl}}^2 (p^2 + m_\phi^2)} \sim \frac{1+g^2}{M_{\text{pl}}^2 p^2}; \quad g^2 := \xi^2 v^2 / M_{\text{pl}}^2$$

- $M_* = M_{\text{pl}} / \sqrt{N_*}$; N_* a (process dependent) weighted index.

Hidden fields in the CMB, or nothing is still something

Del Rio, Durrer, Patil to appear

Can one convert the *non-observation* of spectral running in to constraints on hidden field content?

- Fields with masses less than H will be QM'ly excited.
- Even if they do not couple directly to the inflaton (i.e. only interaction is via gravity), they still have an effect on the interactions (after renormalizing background quantities).
- If there are a large number of them, could they overcome Planck and slow roll suppression of interactions, generate a non-trivial running?

Nothing is still something

$$S = \frac{M_{\text{pl}}^2}{2} \int d^4x \sqrt{-g} R[g] - \frac{1}{2} \int d^4x \sqrt{-g} [\partial_\mu \phi \partial^\mu \phi + 2V(\phi)] \\ - \sum_{n=1}^{n_{\text{max}}} \frac{1}{2} \int d^4x \sqrt{-g} [\partial_\mu \chi_n \partial^\mu \chi_n - m_n^2 \chi_n^2] + \dots$$

$$ds^2 = -N^2 dt^2 + h_{ij} (dx^i + N^i dt)(dx^j + N^j dt)$$

$$\phi(t, x) = \phi_0(t), \\ h_{ij}(t, x) = a^2(t) e^{2\zeta(t, x)} \hat{h}_{ij}, \quad \hat{h}_{ij} = \exp[\gamma_{ij}]$$

$$N = 1 + \alpha_1 \\ N^i = \partial_i \theta + N_T^i, \quad w / \partial_i N_T^i \equiv 0 \quad \alpha_1 = \frac{\dot{\mathcal{R}}}{H} \quad \partial^2 \theta = -\frac{\partial^2 \mathcal{R}}{a^2 H} + \epsilon \dot{\mathcal{R}}$$

Nothing is still something

$$S_{2,\mathcal{R}} = M_{\text{pl}}^2 \int d^4x a^3 \epsilon \left[\dot{\mathcal{R}}^2 - \frac{1}{a^2} (\partial\mathcal{R})^2 \right] \quad \epsilon := \frac{\dot{\phi}_0^2}{2H^2 M_{\text{pl}}^2}$$

$$S_{2,\chi} = \frac{1}{2} \int d^4x a^3 \left[\dot{\chi}_n \dot{\chi}_n - \frac{1}{a^2} \partial_i \chi_n \partial_i \chi_n - m_n^2 \chi_n^2 \right]$$

$$S_{2,\gamma} = \frac{M_{\text{pl}}^2}{8} \int d^4x a^3 \left[\dot{\gamma}_{ij} \dot{\gamma}_{ij} - \frac{1}{a^2} \partial_k \gamma_{ij} \partial_k \gamma_{ij} \right]$$

$$S_{3,\mathcal{R}\chi} = \frac{1}{2} \int d^4x \left\{ a^3 \dot{\chi}_n \dot{\chi}_n \left(3\mathcal{R} - \frac{\dot{\mathcal{R}}}{H} \right) - 2a^3 \dot{\chi}_n \partial_i \theta \partial_i \chi_n \right. \\ \left. - a^3 \left(\mathcal{R} + \frac{\dot{\mathcal{R}}}{H} \right) \frac{1}{a^2} \partial_i \chi_n \partial_i \chi_n - a^3 \left(3\mathcal{R} + \frac{\dot{\mathcal{R}}}{H} \right) m_n^2 \chi_n^2 \right\}$$

$$S_{3,\gamma\chi} = \frac{1}{2} \int d^4x a [\gamma_{ij} \partial_i \chi_n \partial_j \chi_n]$$

Nothing is still something

$$S_{3,\mathcal{R}\chi} = \frac{1}{2} \int d^4x \left\{ a^3 \dot{\chi}_n \dot{\chi}_n \left(3\mathcal{R} - \frac{\dot{\mathcal{R}}}{H} \right) - 2a^3 \dot{\chi}_n \partial_i \theta \partial_i \chi_n \right. \\ \left. - a^3 \left(\mathcal{R} + \frac{\dot{\mathcal{R}}}{H} \right) \frac{1}{a^2} \partial_i \chi_n \partial_i \chi_n - a^3 \left(3\mathcal{R} + \frac{\dot{\mathcal{R}}}{H} \right) m_n^2 \chi_n^2 \right\}$$



$$S_{3,\mathcal{R}\chi} = \int d^4x a^3 \epsilon \left[\frac{\mathcal{R}}{2} \left(\dot{\chi}_n \dot{\chi}_n + \frac{1}{a^2} \partial_i \chi_n \partial_i \chi_n + m_n^2 \chi_n^2 \right) - \dot{\chi}_n \partial_i \chi_n \partial_i \partial^{-2} \dot{\mathcal{R}} \right]$$

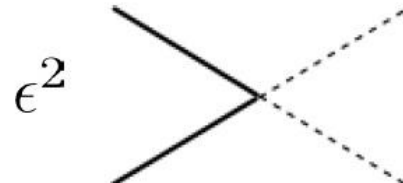
ϵ is an order parameter – it book keeps the expansion

Nothing is still something

$$S_{3,\mathcal{R}\chi} = \int d^4x a^3 \epsilon \left[\frac{\mathcal{R}}{2} \left(\dot{\chi}_n \dot{\chi}^n + \frac{1}{a^2} \partial_i \chi_n \partial_i \chi_n + m_n^2 \chi_n^2 \right) - \dot{\chi}_n \partial_i \chi_n \partial_i \partial^{-2} \dot{\mathcal{R}} \right]$$

$$S_{3,\gamma\chi} = \frac{1}{2} \int d^4x a [\gamma_{ij} \partial_i \chi_n \partial_j \chi_n].$$

$$\langle \mathcal{R}\mathcal{R} \rangle \text{ ————— } \propto \frac{1}{\epsilon M_{\text{pl}}^2}$$




$$\sim \frac{N}{16\pi^2} \frac{H^2}{M_{\text{pl}}^4}$$

Nothing is still something

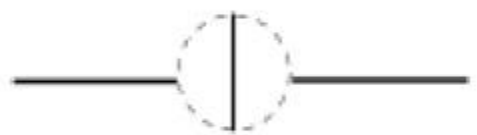
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$$S_{3,\gamma\chi} = \frac{1}{2} \int d^4x a [\gamma_{ij} \partial_i \chi_n \partial_j \chi_n].$$



A Feynman diagram consisting of two dashed circles (bubbles) connected in series by a horizontal line. Two external lines enter from the left and exit to the right.

$$\sim \frac{\epsilon N^2}{(16\pi^2)^2} \frac{H^4}{M_{\text{pl}}^6}$$



A Feynman diagram consisting of a dashed circle (bubble) with a vertical line passing through its center. Two external lines enter from the left and exit to the right.

$$\sim \frac{\epsilon N}{(16\pi^2)^2} \frac{H^4}{M_{\text{pl}}^6}$$



A Feynman diagram consisting of a dashed circle (bubble) with a small loop on top. Two external lines enter from the left and exit to the right.

Nothing is still something

$$S_{3,\mathcal{R}\chi} = \int d^4x a^3 \epsilon \left[\frac{\mathcal{R}}{2} \left(\dot{\chi}_n \dot{\chi}^n + \frac{1}{a^2} \partial_i \chi_n \partial_i \chi_n + m_n^2 \chi_n^2 \right) - \dot{\chi}_n \partial_i \chi_n \partial_i \partial^{-2} \dot{\mathcal{R}} \right]$$

$$S_{3,\gamma\chi} = \frac{1}{2} \int d^4x a [\gamma_{ij} \partial_i \chi_n \partial_j \chi_n].$$

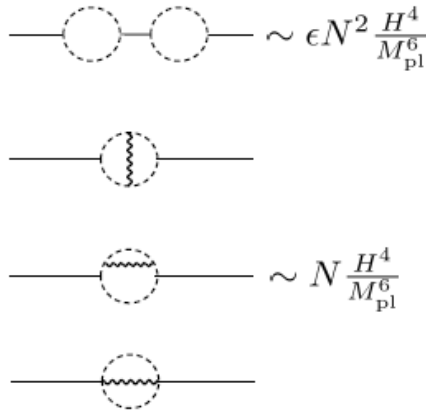


FIG. 3: Two loop corrections to $\langle \zeta \zeta \rangle$. Wavy lines denote the graviton propagator. The double sunset graphs dominate when $N \gg 1/\epsilon$.

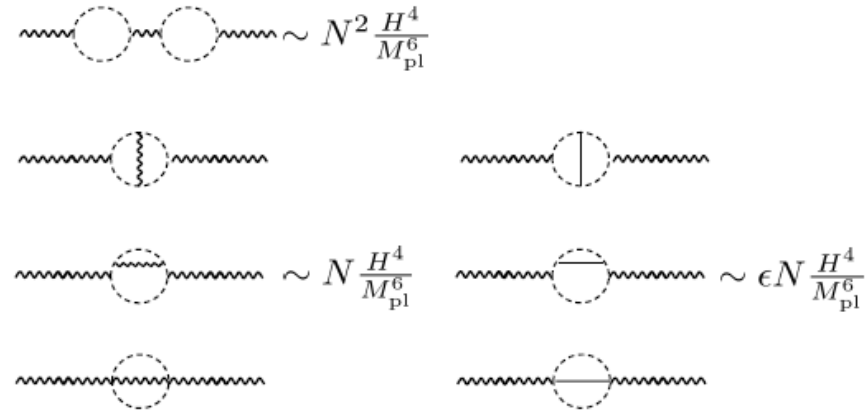


FIG. 4: Two loop corrections to $\langle \gamma \gamma \rangle$, where here we only require $N \gg 1$ for the double sunset graphs to dominate.

... calculating the running of these quantities turns out to be rather non-trivial!

Nothing is still something

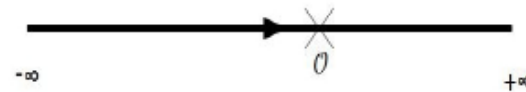
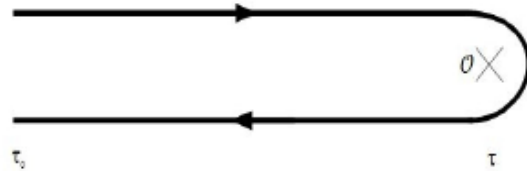
$$S_{3,\mathcal{R}\chi} = \int d^4x a^3 \epsilon \left[\frac{\mathcal{R}}{2} \left(\dot{\chi}_n \dot{\chi}^n + \frac{1}{a^2} \partial_i \chi_n \partial_i \chi_n + m_n^2 \chi_n^2 \right) - \dot{\chi}_n \partial_i \chi_n \partial_i \partial^{-2} \dot{\mathcal{R}} \right]$$

$$S_{3,\gamma\chi} = \frac{1}{2} \int d^4x a [\gamma_{ij} \partial_i \chi_n \partial_j \chi_n]$$

$$\langle \mathcal{O}(\tau) \rangle = \sum_{n=0}^{\infty} i^n \int_{\tau_0}^{\tau} d\tau_n \int_{\tau_0}^{\tau_n} d\tau_{n-1} \dots \int_{\tau_0}^{\tau_2} d\tau_1 \langle [H_I(\tau_1), [H_I(\tau_2), \dots [H_I(\tau_n), \mathcal{O}(\tau)] \dots]] \rangle$$



$$\langle \mathcal{O}(\tau) \rangle = \langle 0_{in} | T_C \left[\exp \left(-i \oint H_I(\tau') d\tau' \right) \mathcal{O}(\tau) \right] | 0_{in} \rangle$$



(Interlude on loops in Inflation)

Weinberg in '05 calculated the one loop correction from a hidden field:

$$P_{\zeta} = \frac{H^2}{8\pi^2 M_{\text{pl}}^2 \epsilon} \left[1 - \epsilon \frac{4\pi}{15} \frac{H^2}{M_{\text{pl}}^2} \log(k/\mu) \right]$$

... which was subsequently verified by a host of authors.

Senatore and Zaldarriaga '09 – cannot be! Corrections must go like $\log(H/\mu)$ (seen from putting a hard cut-off in frequency).

Terms omitted in dimensional regularizing integrals (!)

(Interlude on loops in Inflation)

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Furthermore, Adshead, Easter and Lim pointed out vacuum selection prescription doesn't always allow for the equivalence

$$\langle \mathcal{O}(\tau) \rangle = \sum_{n=0}^{\infty} i^n \int_{\tau_0}^{\tau} d\tau_n \int_{\tau_0}^{\tau_n} d\tau_{n-1} \dots \int_{\tau_0}^{\tau_2} d\tau_1 \langle [H_I(\tau_1), [H_I(\tau_2), \dots [H_I(\tau_n), \mathcal{O}(\tau)] \dots]] \rangle$$



$$\langle \mathcal{O}(\tau) \rangle = \langle 0_{in} | T_C \left[\exp \left(-i \int H_I(\tau') d\tau' \right) \mathcal{O}(\tau) \right] | 0_{in} \rangle$$

(Interlude on loops in Inflation)

Therefore:

$$P_\zeta = \frac{H^2}{8\pi^2 M_{\text{pl}}^2 \epsilon} \left[1 - \epsilon \frac{4\pi}{15} \frac{H^2}{M_{\text{pl}}^2} \log(H/\mu) \right]$$

SZ: correlation functions *do not run* as $\log k$...*

However $H \equiv H_k$ – the Hubble rate when k 'th mode 'exits the horizon'.

Fixing the above at some pivot scale k_* $\rightarrow \log(H_k/H_*)$

$$\log(H_k/H_*) \sim - \int_0^{\mathcal{N}_k} \epsilon(\mathcal{N}') d\mathcal{N}'; \quad k = H_* e^{-\int_0^{\mathcal{N}_k} (1+\epsilon)}$$

So that $\log(H_k/H_*) = -\epsilon \log(k/k_*)$

*otherwise no model of inflation would be eternal [Creminelli, Dubovski, Nicolis, Senatore, Zaldarriaga '08](#)

Correlation functions do run, but much more weakly...

$$P_\zeta = \frac{H^2}{8\pi^2 M_{\text{pl}}^2 \epsilon} \left[1 + N \epsilon^2 \frac{4\pi}{15} \frac{H^2}{M_{\text{pl}}^2} \log(k/k_*) \right] \left(\frac{k}{k_*} \right)^{n_s - 1 + \frac{1}{2} \frac{dn_s}{d \log k} \log(k/k_*)}$$

$$P_\gamma = \frac{2H^2}{\pi^2 M_{\text{pl}}^2} \left[1 - \epsilon N \frac{3\pi}{10} \frac{H^2}{M_{\text{pl}}^2} \log(k/k_*) \right] \left(\frac{k}{k_*} \right)^{n_t + \frac{1}{2} \frac{dn_t}{d \log k} \log(k/k_*)}$$

Extra ϵ suppression, but *with opposite sign**

* By criterion of CDNSZ, every model of inflation still eternal in spite of $\log k$ running...

Can in principle resum in the large N limit...

$$P_\gamma = \frac{\Delta_\gamma \left(\frac{k}{k_*}\right)^{n_t(\epsilon_*, \dot{\epsilon}_*, \dots)}}{1 + \text{loop}}$$

$$\text{loop} = \epsilon_* N \frac{3\pi H_*^2}{10M_{\text{pl}}^2} \log \frac{k}{k_*} + \dots,$$

$$P_\zeta = \frac{\Delta_\zeta \left(\frac{k}{k_*}\right)^{-1+n_s(\epsilon_*, \dot{\epsilon}_*, \dots)}}{1 + \text{loop}}$$

$$\text{loop} = -c \epsilon_*^2 N \frac{3\pi H_*^2}{10M_{\text{pl}}^2} \log \frac{k}{k_*} + \dots$$

Nothing is still something

$$P_\gamma = \Delta_\gamma \left(\frac{k}{k_*} \right)^{-2\epsilon_* + \mathcal{O}(\epsilon^2)} \left[1 - \epsilon_* N \frac{3\pi H^2}{10M_{\text{pl}}^2} \log(k/k_*) + \mathcal{O}(\epsilon^2) \right]$$

$$n_t = -2\epsilon_1 - \epsilon_1 \lambda \quad n_t = -\frac{r_*}{8} \left(1 + \frac{\lambda}{2} \right) \quad \lambda = \frac{12\pi}{5} \frac{N}{8} \frac{H^2}{M_{\text{pl}}^2} = \frac{3\pi^3}{20} N r_* \Delta_\zeta$$

$$\frac{1.41 \times 10^9}{r_*^2} \left(n_T + \frac{r_*}{8} \right) \approx N,$$

Therefore, if we can bound the quantity in the parenthesis from above to some significance by some amount ξ ... then

$$N \lesssim \frac{1.44}{r_*^2} 10^9 \xi$$

Implications –

In the most *optimistic* case, if we detected $r_* \sim 0.1$ then if we could bound $10^{-4} \lesssim \xi \lesssim 10^{-2}$, then

$$N \lesssim \xi \cdot 10^{11} \sim 10^7 - 10^9$$

N.B. This is more competitive than the naïve strong coupling bound at $r_* \sim 0.1$ of $N \leq 10^9$

SKA: nHz peak sensitivity – ($k \sim 10^8 k_* \sim 10^5 \text{ Mpc}^{-1}$).

If we detect tensors right at cosmic variance limit, then the bound $> 10^{13}$...

Cf. ‘N-Naturalness’, Arkani-Hamed et al arXiv:1607.06821’

Earlier solutions to the Hierarchy problem by invoking many copies of the Standard Model (up to $N \sim 10^{32}$)