

# Axions and helical magnetic fields

T. Kobayashi and RKJ, JCAP 03, 025 (2021)

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IITM Weekly Cosmology meeting



# *Outline of the talk*

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- What are Axions or Axion-like particles (ALP)?
- Axions as dark matter candidates
- Axion misalignment mechanism
  - Conventional and kinetic misalignment scenario
  - Misalignment due to helical magnetic fields
- Axion window constraints — relic abundance
  - Constant mass axion
  - QCD axion
- Conclusions and future directions

# *What are Axions ?*

- Axions or Axion-like particles are considered promising candidates for the cold dark matter
- Introduced to solve the strong CP problem of QCD — theory predicts some degree of CP violation — but no experimental observation so far !
- Axion — origin as a goldstone boson — due to the spontaneous symmetry breaking — an additional U(1) PQ symmetry
- Similar to the Higgs mechanism — axion is not exactly massless !

# Dark matter candidates



Credit: G. Bertone and T. M. P. Tait

# *Dark matter candidates*

Axion-like  
Particles

Fuzzy  
Dark  
Matter

Standard  
Model  $\nu$

Sterile  
neutrinos

Dark matter is one of  
the *known unknowns*  
of our universe !

Primordial  
BHs

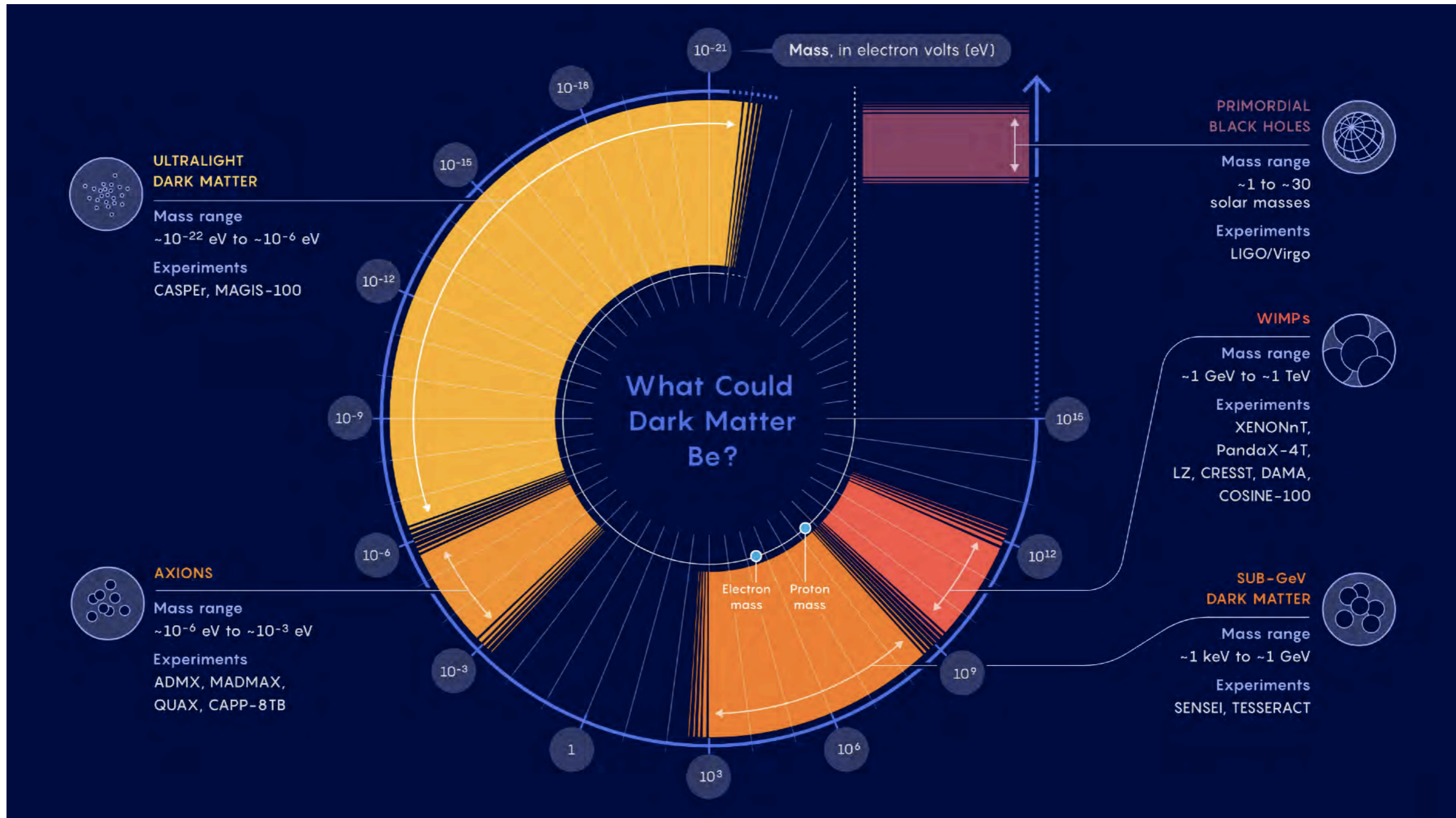
MaCHOs

Superfluid

Self-  
interacting

Credit: G. Bertone and T. M. P. Tait

# Dark matter candidates



# Axion dynamics

- Consider an axion coupled to a U(1) gauge field

$$\frac{\mathcal{L}}{\sqrt{-g}} = -\frac{1}{2}f^2 g^{\mu\nu} \partial_\mu \theta \partial_\nu \theta - m^2 f^2 (1 - \cos \theta) + \frac{\alpha}{8\pi} \theta F_{\mu\nu} \tilde{F}^{\mu\nu}.$$

- Global U(1) is already broken by the end of inflation, and continues to be broken in the post-inflationary epoch

$$f > \frac{H_{\text{inf}}}{2\pi}, T_{\text{max}},$$

- Background metric and the equation of motion

$$ds^2 = -dt^2 + a(t)^2 d\mathbf{x}^2, \quad 0 = \ddot{\theta} + 3H\dot{\theta} + m^2 \sin \theta - \frac{\alpha}{8\pi} \frac{F\tilde{F}}{f^2}.$$

# Helical EM fields

- For visible or dark sector

$$F_{\mu\nu}\tilde{F}^{\mu\nu} = -4E_\mu B^\mu,$$

$$E^\mu = u_\nu F^{\mu\nu}, \quad B^\mu = \frac{1}{2}\eta^{\mu\nu\rho\sigma}u_\sigma F_{\nu\rho}, \quad \tilde{F}^{\mu\nu} = \frac{1}{2}\eta^{\mu\nu\rho\sigma}F_{\rho\sigma}.$$

- The energy density of the EM field is

$$\rho_A = (E_\mu E^\mu + B_\mu B^\mu)/2$$

$$(E_\mu \pm B_\mu)(E^\mu \pm B^\mu) \geq 0$$



$$|E_\mu B^\mu| \leq \rho_A$$



# Helical EM fields

- If the U(1) gauge field is a hidden photon, it behaves as extra radiation and contributes to the effective extra relativistic degrees of freedom of the universe

$$\Delta N_A = \frac{8}{7} \left( \frac{11}{4} \right)^{4/3} \frac{\rho_A}{\rho_\gamma},$$

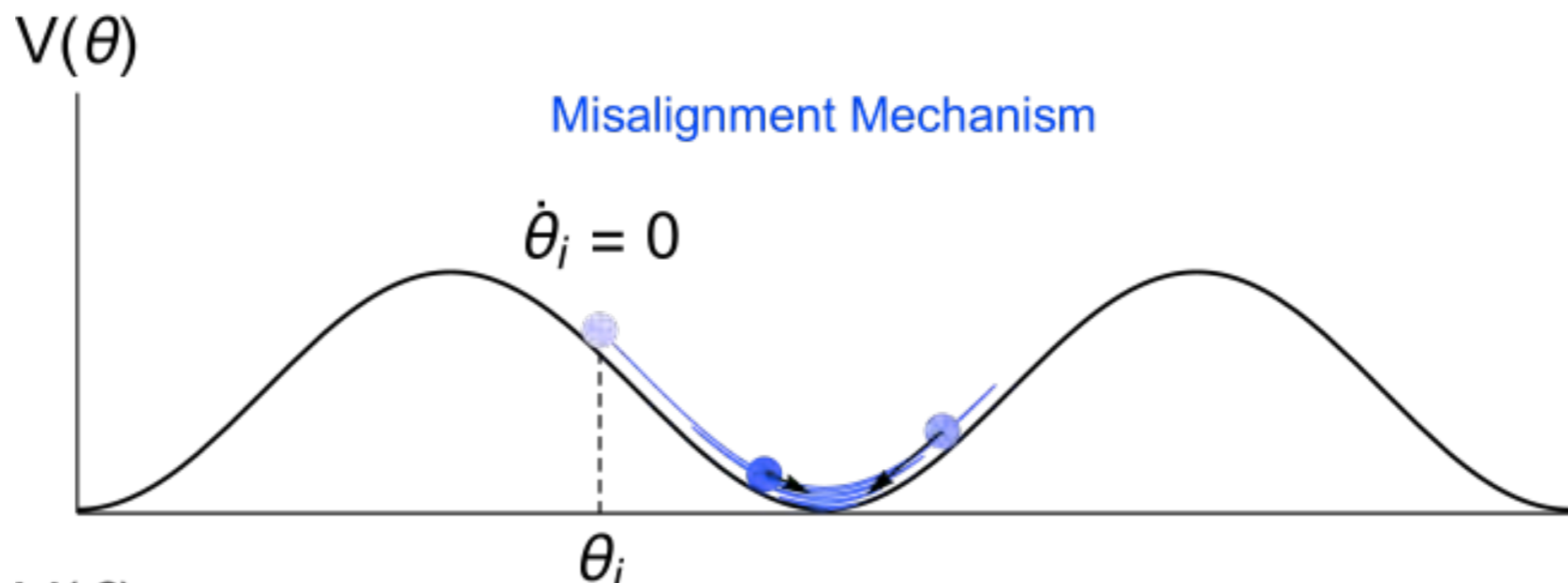
- This allows us to parameterize

$$\Delta N_{E \cdot B} \equiv \frac{8}{7} \left( \frac{11}{4} \right)^{4/3} \frac{|E_\mu B^\mu|}{\rho_\gamma} \leq \Delta N_A \lesssim 10^{-1},$$

If  $|E_\mu B^\mu| \propto \rho_\gamma \propto a^{-4}$  then  $\Delta N_{E \cdot B}$  is time-independent !

# Conventional (vacuum) axion misalignment

- Conventional Axion misalignment — coherent initial displacement from its minimum
- Axion produced via misalignment behave as cold dark matter once the field starts oscillating around the minimum



# *Conventional axion dynamics*

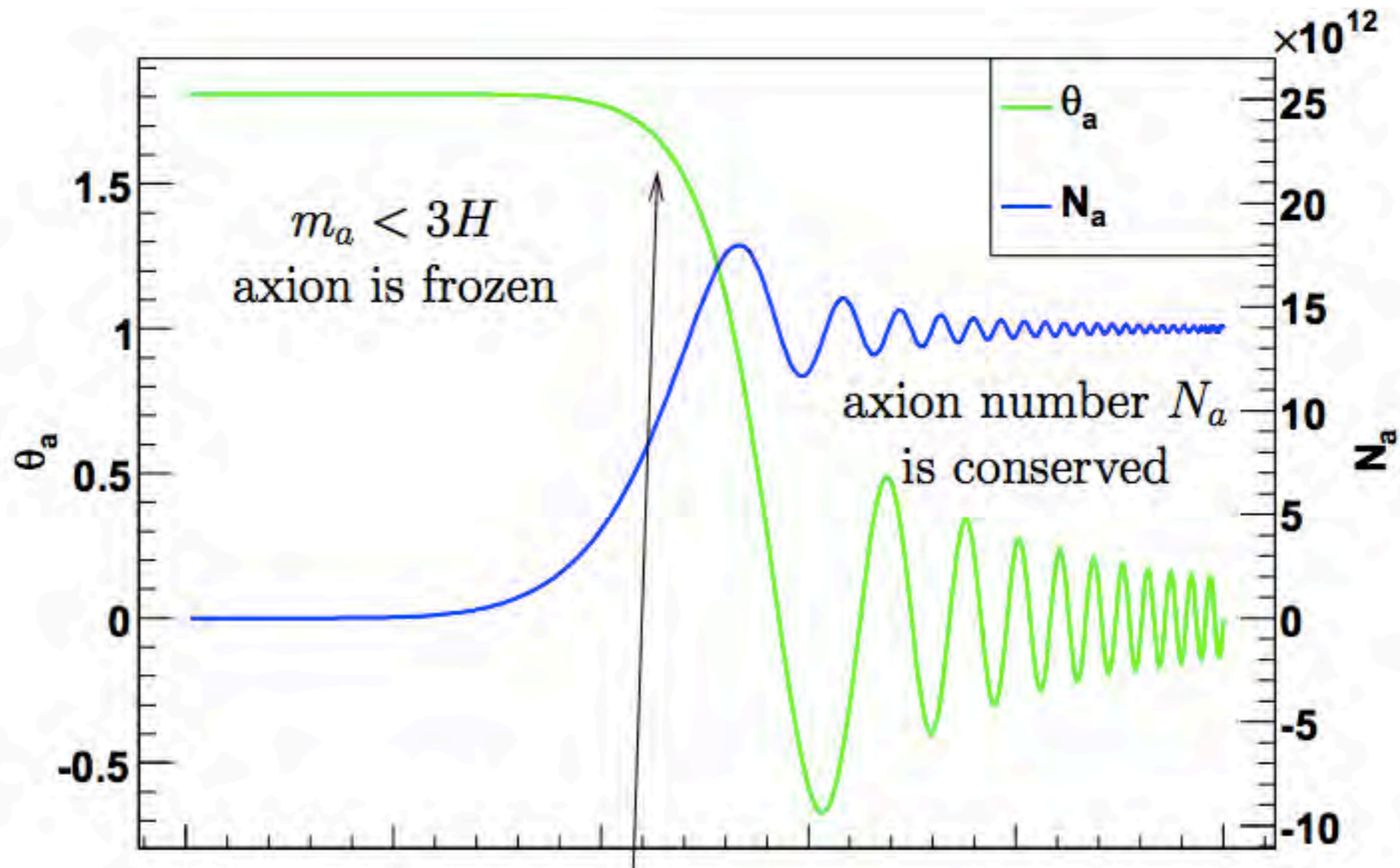
- The axion field stays frozen at some initial value while  $H > m$ , then begins to oscillate about the potential minimum when  $H \sim m$ .
- The energy density of the axion at the onset of the oscillation is

$$\rho_{\theta m} = b (m^2 f^2 \theta^2)_m,$$

- Since this epoch, the axion oscillates and its particle number is conserved. The relic abundance today is

$$\rho_{\theta 0} = m_0 n_{\theta 0} = b m_0 m_m f^2 \theta_m^2 \left( \frac{a_m}{a_0} \right)^3,$$

# Conventional axion dynamics



arXiv: 0910.1066

# *Kinetic axion misalignment*

PHYSICAL REVIEW LETTERS **124**, 251802 (2020)

## **Axion Kinetic Misalignment Mechanism**

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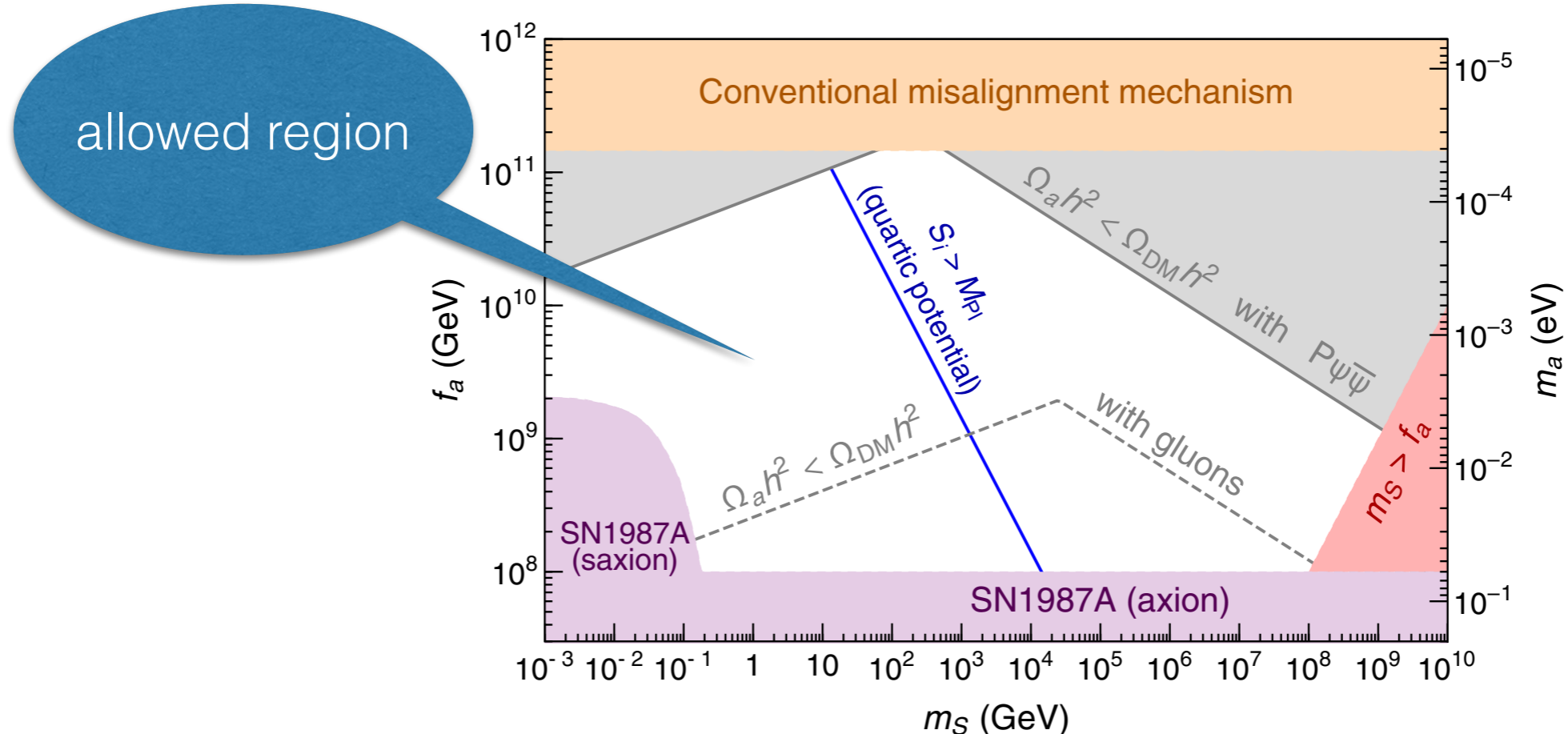
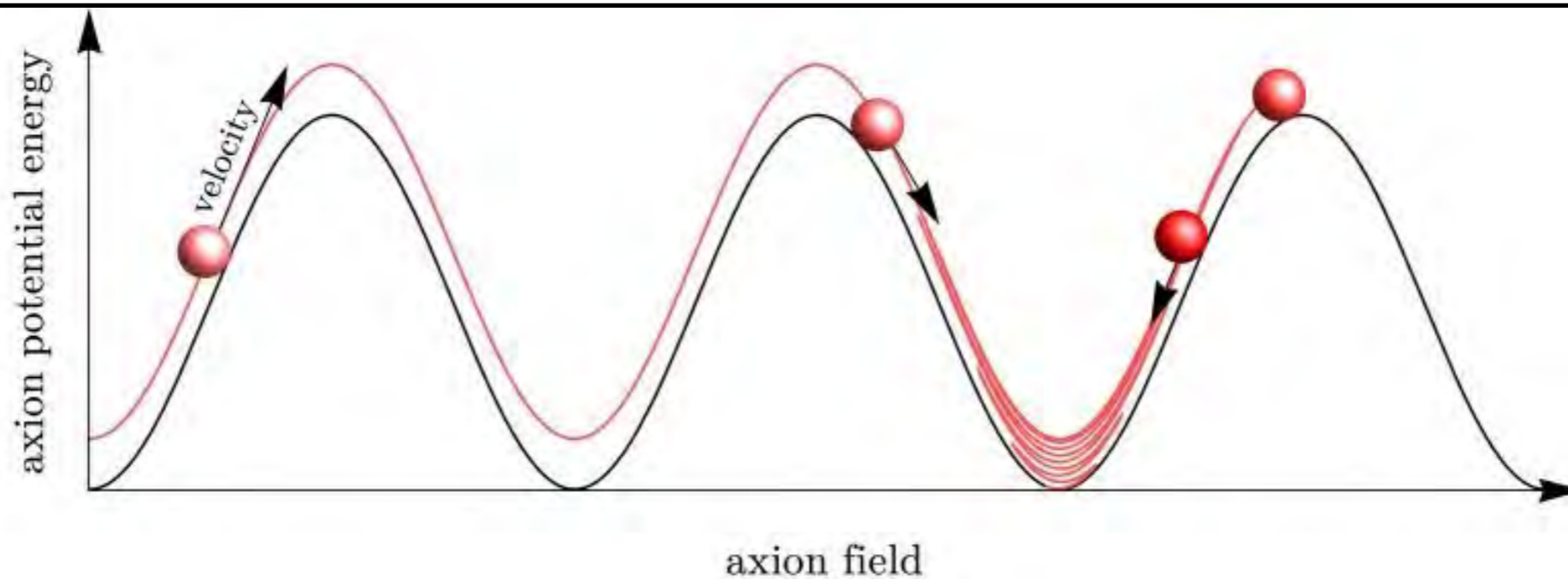
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- A new set of initial conditions — both the field and its velocity are non-zero !
- Larger axion DM abundance for larger  $m$
- A sufficient velocity may arise from the explicit breaking of the axion shift symmetry in the early universe

# Kinetic axion misalignment



# *Induced axion velocity from helical EM field*

- Background evolution

$$H \propto a^{-\frac{3(w+1)}{2}}, \quad F\tilde{F} \propto a^{-n}.$$

- Solution in the presence of helical EM field

$$\dot{\theta} = \left\{ -n + \frac{3(w+3)}{2} \right\}^{-1} \frac{\alpha}{8\pi} \frac{F\tilde{F}}{f^2 H} + K a^{-3},$$

- Assume that the axion is totally kicked by the helical fields i.e. ignore the axion potential

$$\left| \frac{\alpha}{8\pi} \frac{F\tilde{F}}{f^2} \right| > m^2.$$

# *Induced axion velocity from helical EM field*

- The axion potential can also be neglected if the induced kinetic energy of the axion is larger than the height of the periodic axion potential

$$\left| \frac{\alpha}{8\pi} \frac{F \tilde{F}}{f^2} \right| > mH,$$

- A coherent helical field background sources an axion velocity of

$$|\dot{\theta}| \sim \left| \frac{\alpha}{8\pi} \frac{F \tilde{F}}{f^2 H} \right|,$$

- Finally, the condition for ignoring the axion potential becomes

$$\left| \frac{\alpha}{8\pi} \frac{F \tilde{F}}{f^2} \right| > \min.\{m^2, mH\}.$$

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# *Backreaction from the axion*

- The axion can backreact to the gauge field, as a rolling axion itself induces excitation of the coupled gauge field — induced kinetic energy of the axion should remain smaller

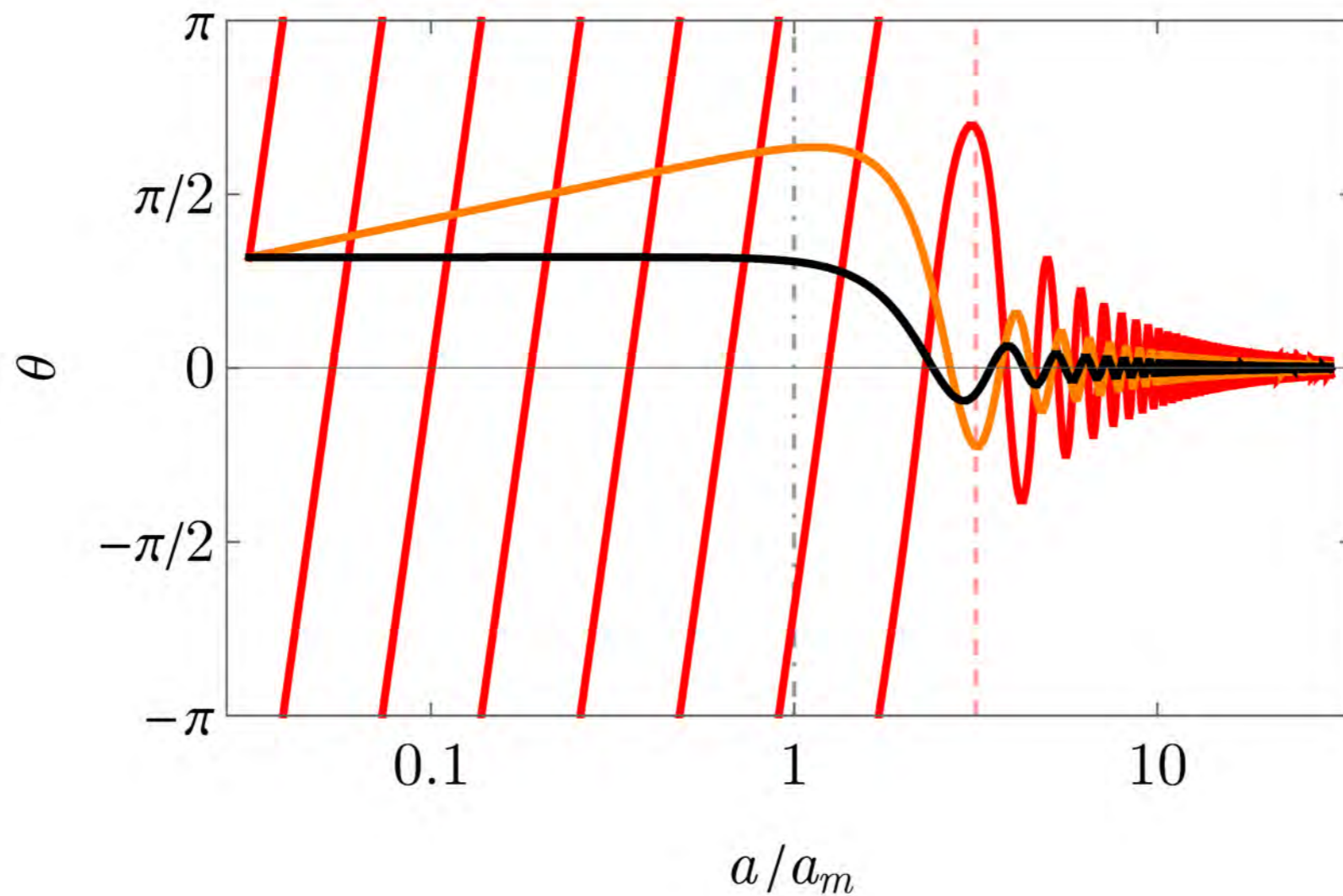
$$\left| \frac{\alpha \dot{\theta}}{8\pi H} \right| \sim \left( \frac{\alpha}{8\pi} \right)^2 \frac{|F\tilde{F}|}{f^2 H^2} > 1.$$

- A coherent  $F\tilde{F}$  moves the axion rapidly in one direction — expected to produce gauge bosons with momenta typically of order the Hubble scale at that time.
- In our scenario, the gauge fields are *not* produced by the helical coupling.

# Axion dynamics – numerical

$$R_m = \left| \frac{\alpha}{8\pi} \frac{(F\tilde{F})_m}{m^2 f^2} \right|,$$

Dimensionless strength of helical EM fields



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# Comoving axion number density

- Comoving axion number density

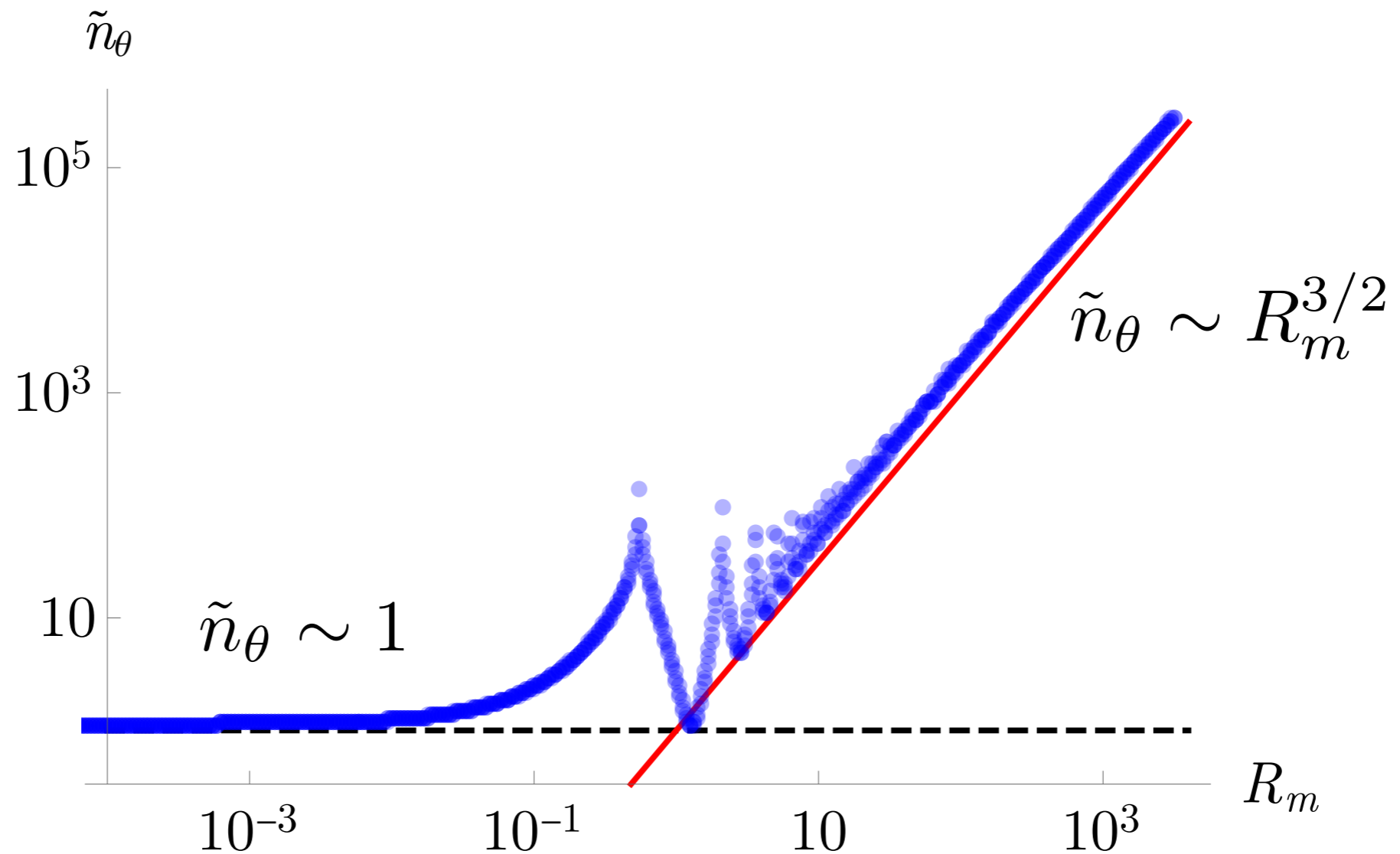
$$\tilde{n}_\theta = \frac{n_\theta}{m f^2} \left( \frac{a}{a_m} \right)^3$$

- Our analytical estimates indicate the behaviour as

$$\tilde{n}_\theta = \begin{cases} 1 & \text{for } R_m < 1, \\ R_m^{\frac{6}{2n-3(w+1)}} = R_m^{3/2} & \text{for } R_m \geq 1. \end{cases}$$

- It captures the behaviour in the asymptotic regimes.

# Comoving axion number density



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# Axion relic abundance — Constant mass axion

- The condition for the helical fields to delay the onset of the axion oscillation is translated into a lower bound on the field values today as

$$\left| \frac{\alpha}{8\pi} (F\tilde{F})_0 \right| > \left( \frac{45}{128\pi^2} \right)^{1/3} \frac{g_*(T_m)}{g_{*s}(T_m)^{4/3}} \frac{f^2 s_0^{4/3}}{M_{\text{Pl}}^2}. \quad \leftarrow \left| \frac{\alpha}{8\pi} \frac{(F\tilde{F})_m}{f^2} \right| > m_m^2.$$

- The axion abundance today is

$$\rho_{\theta 0} = c \left( \frac{128\pi^2}{45} \right)^{1/4} \frac{g_{*s}(T_{\text{tr}})}{g_*(T_{\text{tr}})^{3/4}} \left| \frac{\alpha}{8\pi} (F\tilde{F})_0 \right|^{3/2} \frac{m^{1/2} M_{\text{Pl}}^{3/2}}{f s_0},$$

- These two conditions together lead to

$$\Omega_{\theta} h^2 \sim 10^{-1} \left( \frac{|\alpha| \Delta N_{E.B}}{10^{-2}} \right)^{3/2} \left( \frac{f}{10^{17} \text{ GeV}} \right)^{-1} \left( \frac{m}{10^{-22} \text{ eV}} \right)^{1/2}$$

for  $|\alpha| \Delta N_{E.B} \gtrsim 10^{-2} \left( \frac{f}{10^{17} \text{ GeV}} \right)^2.$

# Axion relic abundance — Constant mass axion

- What if this condition is not satisfied ?

$$\left| \frac{\alpha}{8\pi} \frac{(F\tilde{F})_m}{f^2} \right| > m_m^2.$$

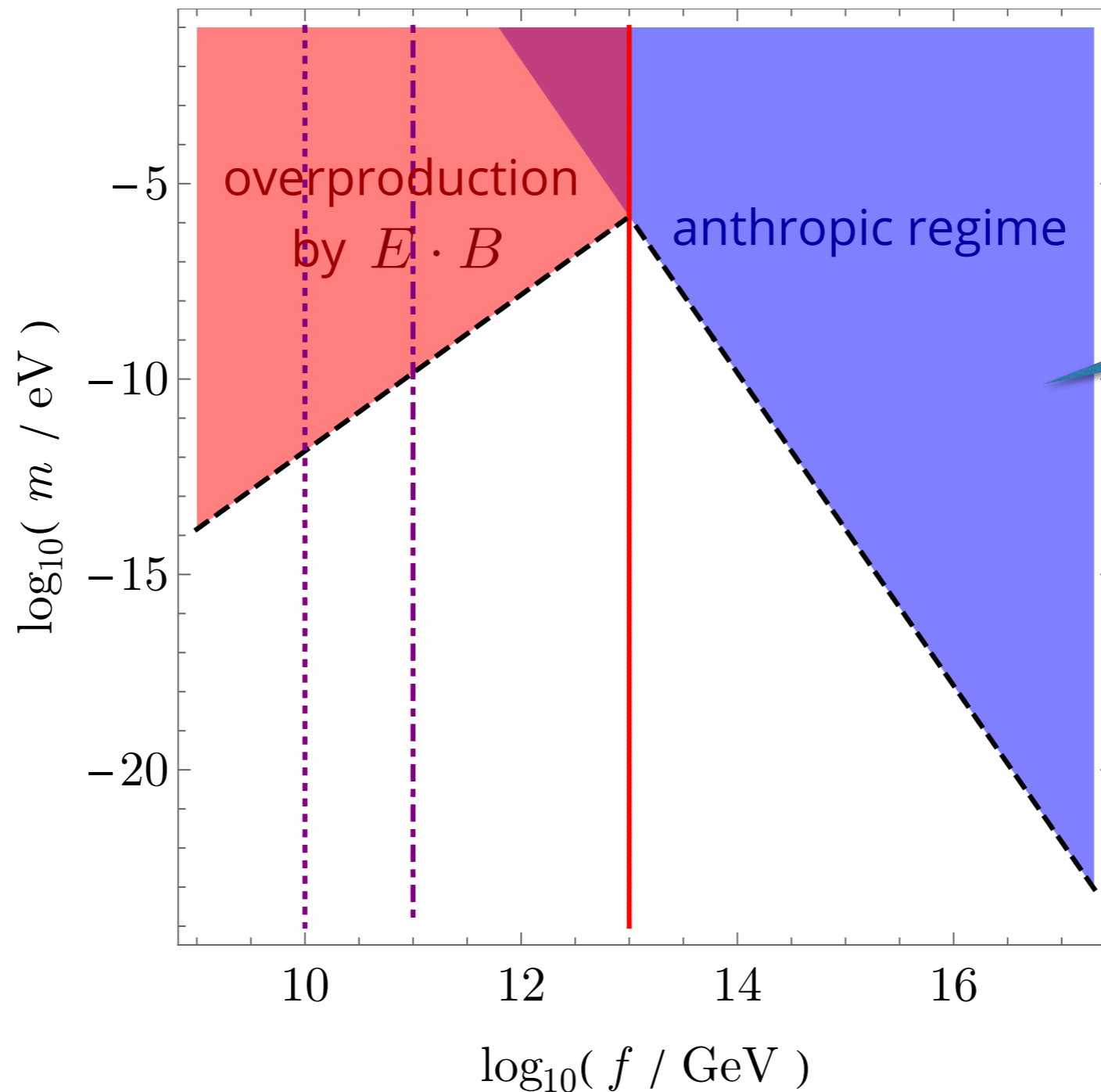
- One then recovers the conventional vacuum misalignment scenario and the axion abundance is

$$\Omega_\theta h^2 \sim 10^{-1} \theta_m^2 \left( \frac{f}{10^{17} \text{ GeV}} \right)^2 \left( \frac{m}{10^{-22} \text{ eV}} \right)^{1/2} \quad \text{for } |\alpha| \Delta N_{E.B} \lesssim 10^{-2} \left( \frac{f}{10^{17} \text{ GeV}} \right)^2$$

- These two conditions collectively lead to

$$\Omega_\theta h^2 \sim 10^{-1} \left( \frac{m}{10^{-22} \text{ eV}} \right)^{1/2} \left( \frac{f}{10^{17} \text{ GeV}} \right)^{-1} \left[ \max. \left\{ \left( \frac{|\alpha| \Delta N_{E.B}}{10^{-2}} \right), \left( \frac{f}{10^{17} \text{ GeV}} \right)^2 \right\} \right]^{3/2}$$

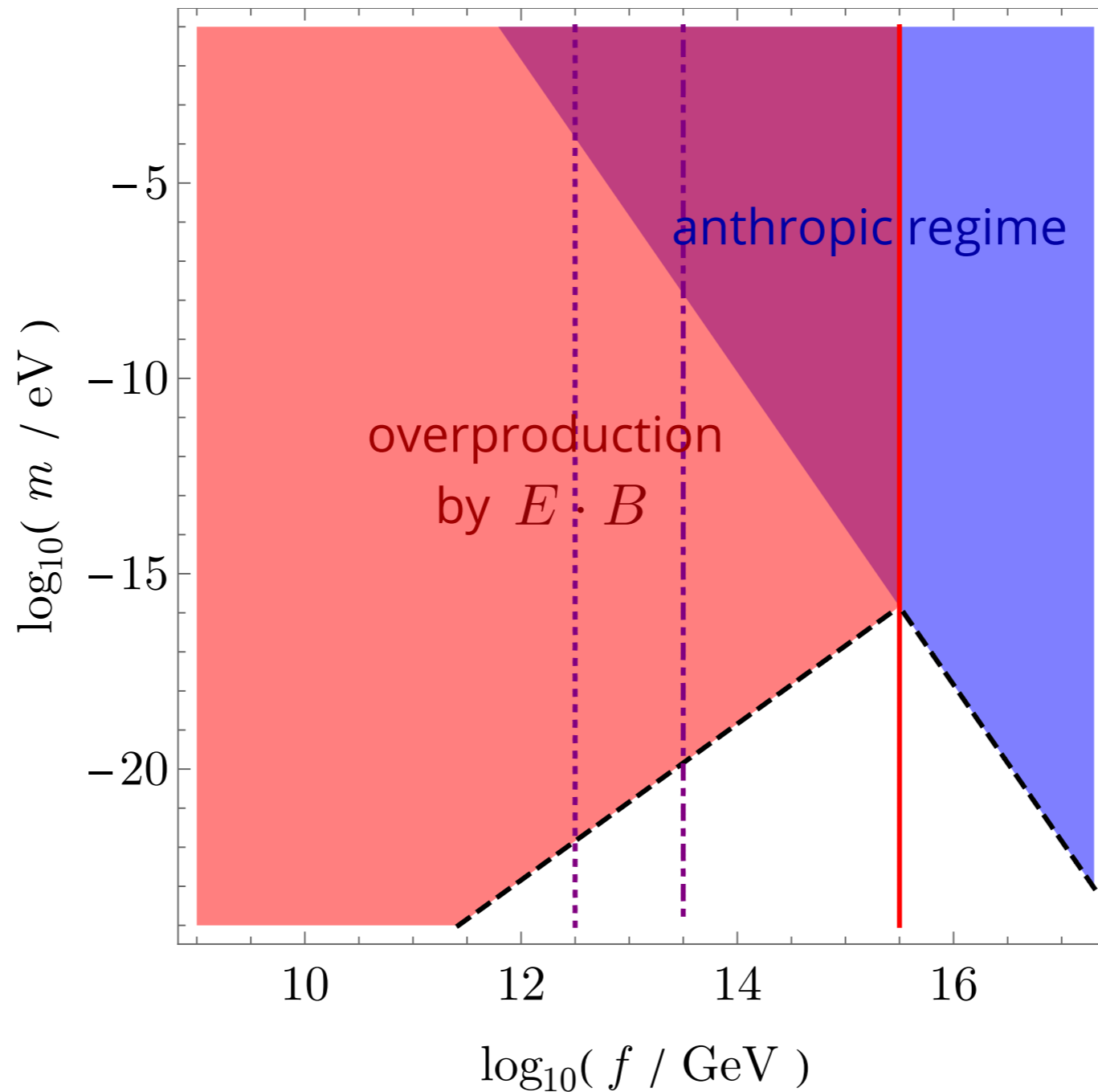
# Allowed window of constant mass axion



$$|\alpha| \Delta N_{E \cdot B} = 10^{-10}$$

Constant mass axion window in the presence of helical EM fields

# Allowed window of constant mass axion



$$|\alpha| \Delta N_{E \cdot B} = 10^{-5}$$

Constant mass axion window in the presence of helical EM fields



# QCD axion

- QCD axion mass depends on the temperature

$$m(T) \simeq \begin{cases} \lambda m_0 \left( \frac{\Lambda_{\text{QCD}}}{T} \right)^p & \text{for } T \gg \Lambda_{\text{QCD}}, \\ m_0 & \text{for } T \ll \Lambda_{\text{QCD}}. \end{cases}$$

- For  $\Lambda_{\text{QCD}} \approx 200 \text{ MeV}$ ,  $\lambda \approx 0.1$ ,  $p \approx 4$ ,

$$m_0 \approx 6 \times 10^{-6} \text{ eV} \left( \frac{10^{12} \text{ GeV}}{f} \right).$$

- For simplicity, we assume that  $F\tilde{F} \propto a^{-4}$  and the universe become radiation dominated by  $H=m$ .

# QCD axion

- For  $T_{\text{tr}} \lesssim \Lambda_{\text{QCD}}$ , a similar condition discussed earlier for the constant mass axion

$$\left| \frac{\alpha}{8\pi} (F\tilde{F})_0 \right| > \frac{1}{2} \left( \frac{45}{2\pi^2} \right)^{5/6} \frac{g_*(T_{\text{tr}})^{1/2}}{g_{*s}(T_{\text{tr}})^{4/3}} \frac{m_0 f^2 s_0^{4/3}}{\lambda^{2/p} \Lambda_{\text{QCD}}^2 M_{\text{Pl}}}.$$

- The axion abundance today is

$$\Omega_{\theta} h^2 \sim 10^{-1} \left( \frac{|\alpha| \Delta N_{E \cdot B}}{10^{-11}} \right)^{3/2} \left( \frac{f}{10^{12} \text{ GeV}} \right)^{-3/2} \quad \text{for } |\alpha| \Delta N_{E \cdot B} \gtrsim 10^{-6} \left( \frac{f}{10^{12} \text{ GeV}} \right)$$

- Even if the helical fields are not so large, it still affects the axion abundance if  $\Lambda_{\text{QCD}} \lesssim T_{\text{tr}} < T_m$ .

$$\Omega_{\theta} h^2 \sim 10^{-1} \left( \frac{|\alpha| \Delta N_{E \cdot B}}{10^{-12}} \right)^{7/6} \left( \frac{f}{10^{12} \text{ GeV}} \right)^{-7/6}$$

$$\text{for } 10^{-12} \left( \frac{f}{10^{12} \text{ GeV}} \right)^2 \lesssim |\alpha| \Delta N_{E \cdot B} \lesssim 10^{-6} \left( \frac{f}{10^{12} \text{ GeV}} \right)$$

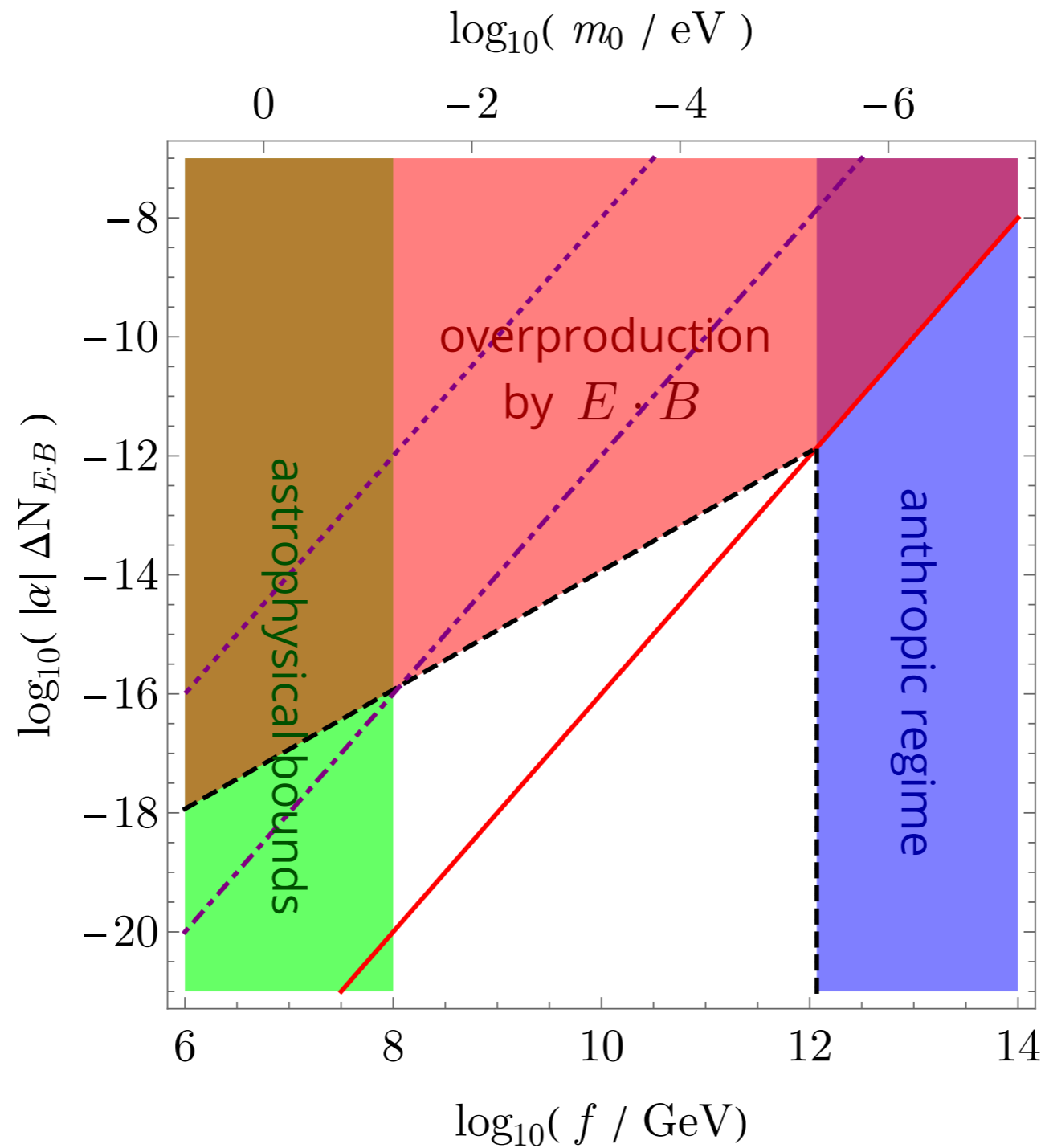
# QCD axion

- If the helical fields are even smaller, one recovers the axion abundance of the conventional mechanism as

$$\Omega_{\theta} h^2 \sim 10^{-1} \theta_m^2 \left( \frac{f}{10^{12} \text{ GeV}} \right)^{7/6} \quad \text{for } |\alpha| \Delta N_{E.B} \lesssim 10^{-12} \left( \frac{f}{10^{12} \text{ GeV}} \right)^2$$

- The relic abundance of the QCD axion crucially depends on the amplitude of the helical fields background.
- The backreaction constraint remains the same even if for a QCD axion.

# QCD axion window



QCD axion window in the presence of helical EM fields

# Conclusions

- Axions are (beyond BSM) well motivated particles, required for solving the strong CP problem
- A possible CDM candidate but must be very light — ALP — or must be misaligned by some mechanism
- Interesting implications of helical magnetic fields on axions
  - Effects on the Axion abundance
  - Effects on the Axion parameters window — even for tiny magnetic fields
  - Axion to photon conversion — used for DM search — both in observatories and in labs
  - Cosmic birefringence — rotation of plane of polarization of photons — strong constraints from observations

# *Future directions*

- We only considered hidden  $U(1)$  gauge fields — it will be interesting to apply these results to non-Abelian gauge fields
- Inhomogeneous magnetic fields — small wavelength component will force the axion to move differently in different Hubble patches — axion iso-curvature perturbations — constraints from observations
- For non-trivial redshifting of EM fields — different than radiation — axion abundance would be modified
- Spontaneous symmetry breaking before/after inflation
- Axion-induced UV cascade of helical EM fields
- Parity violating signatures — constraints from cosmological observations



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*Thank you.*

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