QNMs of exotic compact objects

Amitabh Virmani, CMI, Chennai

IIT Madras, CSGC 2020, 1908.01461, w/ B. Chakrabarty (ICTS) & D. Ghosh (CMI) 1904.05363 Cardoso & Pani

January, 2020



Introduction

- Exotic Compact Objects and their QNMs
- QNMs of simplest fuzzballs
- Our recent paper



Outline

Introduction

- 2 Exotic Compact Objects and their QNMs
- 3 QNMs of simplest fuzzballs
- Our recent paper
- **5** Summary

Motivation

• Compact objects probe extreme gravitational fields.

Motivation

- Compact objects probe extreme gravitational fields.
- They are believed to be the key for understanding puzzles in fundamental physics.

- Compact objects probe extreme gravitational fields.
- They are believed to be the key for understanding puzzles in fundamental physics.
- The standard paradigm is that of black holes. Alternatives are a host of exotic compact objects.

- Compact objects probe extreme gravitational fields.
- They are believed to be the key for understanding puzzles in fundamental physics.
- The standard paradigm is that of black holes. Alternatives are a host of exotic compact objects.
- Gravitational wave observations can probe differences.



 In this talk, I will present a limited review of the exotic compact objects and their QNMs. [limited, due to my lack of expertise]

Scope

- In this talk, I will present a limited review of the exotic compact objects and their QNMs. [limited, due to my lack of expertise]
- For a class of fuzzballs, a details study of QNMs has been recently performed.

Scope

- In this talk, I will present a limited review of the exotic compact objects and their QNMs. [limited, due to my lack of expertise]
- For a class of fuzzballs, a details study of QNMs has been recently performed.
- I will present these results and their implications and some D1-D5 string theory discussion.

Prelims: Scalar Perturbation & mode stability

Consider scalar perturbation to Schw metric

$$\Box \phi = \mathbf{0}.\tag{1}$$

Introduction

Prelims: Scalar Perturbation & mode stability

• Consider scalar perturbation to Schw metric

$$\Box \phi = \mathbf{0}.\tag{1}$$

• Mode decomposition (with frequency ω)

$$\phi(t,r,\theta) = \sum_{lm} e^{-i\omega t} \frac{\Psi(r)}{r} Y_{lm},$$

(2)

Introduction

Prelims: Scalar Perturbation & mode stability

• Consider scalar perturbation to Schw metric

$$\Box \phi = \mathbf{0}.\tag{1}$$

• Mode decomposition (with frequency ω)

$$\phi(t, r, \theta) = \sum_{lm} e^{-i\omega t} \frac{\Psi(r)}{r} Y_{lm}, \qquad (2$$

Variable Ψ satisfies Schrödinger equation

$$\frac{d^2\Psi}{dr_*^2} + \left(\omega^2 - V\right)\Psi = 0, \qquad (3)$$

where r_* is the tortoise coordinate $r_* \to -\infty$ at the horizon and $r_* \to +\infty$.

Prelims: Mode stability vs Linear stability

 Mode stability of linearised gravitational perturbations of Schwarzschild and Kerr black holes Regge, Wheeler, Vishweshwara, ...

Prelims: Mode stability vs Linear stability

- Mode stability of linearised gravitational perturbations of Schwarzschild and Kerr black holes Regge, Wheeler, Vishweshwara, ...
- no unstable modes

Prelims: Mode stability vs Linear stability

- Mode stability of linearised gravitational perturbations of Schwarzschild and Kerr black holes Regge, Wheeler, Vishweshwara, ...
- no unstable modes
- However, this is not enough to establish linear stability. Many open issues: completeness of mode solutions, infinite superpositions, Vishweshwara, cf. ICTS talk 2017

The issue of linear stability is different

 Prescribe initial data: φ, φ on some initial surface Σ₀ that intersects the future horizon H⁺ and infinity with φ → 0 at infinity.



The issue of linear stability is different

 Prescribe initial data: φ, φ on some initial surface Σ₀ that intersects the future horizon H⁺ and infinity with φ → 0 at infinity.



Theorem: φ|_{Σt} = O(t^{-α}), for some positive α, everywhere on and outside the horizon. All derivatives of φ also decay. Dafermos and Rodnianski, 2005

Local horizon red-shift effect

• The proof is very long and complicated. The "local horizon red-shift effect" plays the key role.

Local horizon red-shift effect

- The proof is very long and complicated. The "local horizon red-shift effect" plays the key role.
- Redshift factor along the horizon $\mathcal{H}^+ \sim e^{-\kappa v}$.

Local horizon red-shift effect

- The proof is very long and complicated. The "local horizon red-shift effect" plays the key role.
- Redshift factor along the horizon $\mathcal{H}^+ \sim e^{-\kappa v}$.
- Suppose two observers, *A* and *B* are such that *A* crosses the event horizon and B does not. If *A* emits a signal at constant frequency as he measures it, then the frequency at which it is received by *B* is "shifted to the red".



Outline

Introduction

2 Exotic Compact Objects and their QNMs

- 3 QNMs of simplest fuzzballs
- Our recent paper

5 Summary

• Eddington firmly believed that nature would find a way to prevent full collapse to black holes.

- Eddington firmly believed that nature would find a way to prevent full collapse to black holes.
- It took decades for the community to overcome individual prejudice – BHs became the *only* acceptable solution to the collapse problem.

- Eddington firmly believed that nature would find a way to prevent full collapse to black holes.
- It took decades for the community to overcome individual prejudice – BHs became the *only* acceptable solution to the collapse problem.
- BHs is the standard paradigm. Any observation otherwise would indicate beyond the standard physics.

- Eddington firmly believed that nature would find a way to prevent full collapse to black holes.
- It took decades for the community to overcome individual prejudice – BHs became the *only* acceptable solution to the collapse problem.
- BHs is the standard paradigm. Any observation otherwise would indicate beyond the standard physics.
- So far, no observation that cannot be explained by the Kerr black hole physics.

 No developed paradigm that can test Kerr black hole and to quantitatively study deviations from the Kerr BH.

- No developed paradigm that can test Kerr black hole and to quantitatively study deviations from the Kerr BH.
- I wish to draw a parallel: by questioning GR in the weak field we have the PPN paradigm.

- No developed paradigm that can test Kerr black hole and to quantitatively study deviations from the Kerr BH.
- I wish to draw a parallel: by questioning GR in the weak field we have the PPN paradigm.
- Such a paradigm can only be developed by entertaining the possibility of exotic compact objects and finding quantitative differences.

- No developed paradigm that can test Kerr black hole and to quantitatively study deviations from the Kerr BH.
- I wish to draw a parallel: by questioning GR in the weak field we have the PPN paradigm.
- Such a paradigm can only be developed by entertaining the possibility of exotic compact objects and finding quantitative differences.
- Currently, a calculational route is taken: construct horizonless compact objects, ask questions about formation, stability, QNM spectrum, etc.

Catalogue

Model	Formation	Stability	EM signatures	GWs
Fluid stars	(90)	× [85,88,109-113]	~	[85,109,112,114]
Anisotropic stars	×	[115-117]	[118-120]	[115, 119, 120]
Boson stars & oscillatons	(53, 54, 121-123)	× [86,124–128]	√ [91,129,130]	[131-138]
Gravastars	×	[127,139]	[140-142]	[112, 113, 135, 136, 138, 142-148]
AdS bubbles	×	[149]	~ [149]	*
Wormholes	×	[150-153]	[154-157]	[136, 138, 148]
Fuzzballs	×	x (but see [158–161]	x	(but see $[135, 148, 162]$)
Superspinars	×	[163, 164]	× (but see [165])	[135, 148]
2-2 holes	×	x (but see [166])	x (but see [166])	[135, 148]
Collapsed polymers	(but see [167, 168])	[169]	x [168]	~
Quantum bounces / Dark stars	(but see [170, 171])	×	×	[172]
Compact quantum objects*	× [73, 173, 174]	×	×	[38]
Firewalls*	×	×	×	[135, 175]

Table 1: Catalogue of some proposed horizonless compact objects. A \checkmark tick means that the topic was addressed. With the exception of boson stars, however, most of the properties are not fully understood yet. The symbol \sim stands for incomplete treatment. An asterisk * stands for the fact that these objects are BHs, but could have phenomenology similar to the other compact objects in the list.

• Like a good phenomenologist: make models/kill models.

- Like a good phenomenologist: make models/kill models.
- What is there is the catalogue?

- Like a good phenomenologist: make models/kill models.
- What is there is the catalogue?
 - Boson stars: self-gravitating compact configuration of massive scalar field.

- Like a good phenomenologist: make models/kill models.
- What is there is the catalogue?
 - Boson stars: self-gravitating compact configuration of massive scalar field. When the scalar is complex, it is possible to have static spacetime metric, but oscillating fields. These are the most studied exotic compact objects.

- Like a good phenomenologist: make models/kill models.
- What is there is the catalogue?
 - Boson stars: self-gravitating compact configuration of massive scalar field. When the scalar is complex, it is possible to have static spacetime metric, but oscillating fields. These are the most studied exotic compact objects.
 - Wormholes: "glue" $r_0 > 2M$ Schw solution to another $r_0 > 2M$ solution. This requires surgery at the throat, thin shell matter. Non-vacuum versions are studied too.
How to proceed? What is there is the catalogue?

- Like a good phenomenologist: make models/kill models.
- What is there is the catalogue?
 - Boson stars: self-gravitating compact configuration of massive scalar field. When the scalar is complex, it is possible to have static spacetime metric, but oscillating fields. These are the most studied exotic compact objects.
 - Wormholes: "glue" $r_0 > 2M$ Schw solution to another $r_0 > 2M$ solution. This requires surgery at the throat, thin shell matter. Non-vacuum versions are studied too.
 - Gravastars and AdS bubbles: negative pressure inside. Thin shell models with de Sitter core also capture much of the same physics.

How to proceed? What is there is the catalogue?

- Like a good phenomenologist: make models/kill models.
- What is there is the catalogue?
 - Boson stars: self-gravitating compact configuration of massive scalar field. When the scalar is complex, it is possible to have static spacetime metric, but oscillating fields. These are the most studied exotic compact objects.
 - Wormholes: "glue" $r_0 > 2M$ Schw solution to another $r_0 > 2M$ solution. This requires surgery at the throat, thin shell matter. Non-vacuum versions are studied too.
 - Gravastars and AdS bubbles: negative pressure inside. Thin shell models with de Sitter core also capture much of the same physics.
 - "2 2 holes" and geons: thin shell objects in higher derivative theories, or some objects in infinite derivative theories.

General structure



Figure: Stable planetary orbits, Inner most stable circular orbit: 6*M*, Photon sphere: 3*M*, Typically for exotic objects there is a second *stable* light ring.

• We proceed in the same way as before. Master variable. Schrödinger equation. Boundary conditions.

- We proceed in the same way as before. Master variable. Schrödinger equation. Boundary conditions.
- Boundary conditions play an important role in the structure of QNM spectrum. If the reflective boundary condition is imposed at the surface of the exotic object, the spectrum changes dramatically.

- We proceed in the same way as before. Master variable. Schrödinger equation. Boundary conditions.
- Boundary conditions play an important role in the structure of QNM spectrum. If the reflective boundary condition is imposed at the surface of the exotic object, the spectrum changes dramatically.





• The spectrum is much longer lived, since a decay channel (the horizon) has disappeared.

- The spectrum is much longer lived, since a decay channel (the horizon) has disappeared.
- Using a simple quantum mechanical picture of a cavity, and tunnelling through the cavity, both real and imaginary parts can be estimated.

- The spectrum is much longer lived, since a decay channel (the horizon) has disappeared.
- Using a simple quantum mechanical picture of a cavity, and tunnelling through the cavity, both real and imaginary parts can be estimated.
- If the "hard" surface is at r = 2M(1 + ε) then in the small ε expansion,

- The spectrum is much longer lived, since a decay channel (the horizon) has disappeared.
- Using a simple quantum mechanical picture of a cavity, and tunnelling through the cavity, both real and imaginary parts can be estimated.
- If the "hard" surface is at r = 2M(1 + ε) then in the small ε expansion,

$$\omega_R \sim M^{-1} |\ln \epsilon|^{-1}, \qquad \omega_I \sim -M^{-1} |\ln \epsilon|^{-2/-3}$$
(4)

which are very different from black hole.

• For a BH, the excitation of the spacetime modes happen at the photon sphere. Such a wave travels outwards or down the event horizon. Thus the spectrum of gravitational waves in expected to be relativity simple.

 For a BH, the excitation of the spacetime modes happen at the photon sphere. Such a wave travels outwards or down the event horizon. Thus the spectrum of gravitational waves in expected to be relativity simple.



Figure: From Vishveshwara's 1970 paper.

Amitabh Virmani (CMI)

• However, now for an exotic compact object, due to reflecting boundary conditions, the signal that was falling inside will reflect and come out. We expects to see echos.

• However, now for an exotic compact object, due to reflecting boundary conditions, the signal that was falling inside will reflect and come out. We expects to see echos.



Figure: GW echos from an exotic compact object.

Amitabh Virmani (CMI)

ERS instabilities



Figure: Expected GW signal from an exotic compact object.

• Since we don't see such a signal, it put constraints on the nature of exotic compact object and on the possible boundary conditions.

Comments on stability

Comments on stability

• Rotating exotic compact objects are expected to suffer from ergoregion instability, i.e., negative energy excitation is trapped in the ergo-region but has no place to "fall".

Comments on stability

- Rotating exotic compact objects are expected to suffer from ergoregion instability, i.e., negative energy excitation is trapped in the ergo-region but has no place to "fall".
- Since all exotic compact objects have slowly decaying QNMs they are expected to be non-linearly unstable, crudely speaking perturbation builds up in time.

Outline

1) Introduction

- 2 Exotic Compact Objects and their QNMs
- QNMs of simplest fuzzballs
 - Our recent paper

5 Summary

 A question that has bothered a lot of us: why the properties of scalar fields on black holes are so different from that on fuzzballs? Eperon, Reall, and Santos; Raju, Shrivastava; various other discussions

- A question that has bothered a lot of us: why the properties of scalar fields on black holes are so different from that on fuzzballs? Eperon, Reall, and Santos; Raju, Shrivastava; various other discussions
- Different people have different viewpoints. My viewpoint is that detailed classical properties of black holes should emerge from the fuzzball proposal. Others do not share the same viewpoint.

- A question that has bothered a lot of us: why the properties of scalar fields on black holes are so different from that on fuzzballs? Eperon, Reall, and Santos; Raju, Shrivastava; various other discussions
- Different people have different viewpoints. My viewpoint is that detailed classical properties of black holes should emerge from the fuzzball proposal. Others do not share the same viewpoint.
- In particular, decay properties of a scalar field on a black hole should have an understanding from the fuzzball proposal.

- A question that has bothered a lot of us: why the properties of scalar fields on black holes are so different from that on fuzzballs? Eperon, Reall, and Santos; Raju, Shrivastava; various other discussions
- Different people have different viewpoints. My viewpoint is that detailed classical properties of black holes should emerge from the fuzzball proposal. Others do not share the same viewpoint.
- In particular, decay properties of a scalar field on a black hole should have an understanding from the fuzzball proposal.
- Eperon, Reall, and Santos argued that this does not seem to be the case. There is a debate. In this talk I will stick myself to only the QNM computation.

Bena Warner microstate geometries

In 5d supergravity a large class of supersymmetric solutions exist that are:

- Asymptotically flat
- Stationary: $\frac{\partial}{\partial t}$ Killing vector, timelike at infinity
- Geodesically complete, with topology ℝ × Σ where Σ have non-trivial two cycles – bubbling solutions
- Rotating, and have no horizon

For simplicity I will focus on the 5d perspective. Often it is better to work in 6d.

Evanescent Ergo-surface, Gibbons and Warner 2005

- Killing vector [∂]/_{∂t} is timelike everywhere except at a timelike hypersurface S where it is null. Infinite redshift.
- This surface is an ergo-surface but has no ergo-region.
- Norm of $V = \frac{\partial}{\partial t}$, i.e., $-V^2$, is minimised there.

• That is
$$\nabla_a(-V^2) = 0$$
.

 \bullet Consider on ${\cal S}$

$$V^{b} \nabla_{b} V_{a} = -V^{b} \nabla_{a} V_{b} = \frac{1}{2} \nabla_{a} (-V^{2}) = 0.$$
 (5)

 \bullet Consider on ${\cal S}$

$$V^{b} \nabla_{b} V_{a} = -V^{b} \nabla_{a} V_{b} = \frac{1}{2} \nabla_{a} (-V^{2}) = 0.$$
 (5)

• V^a is tangent to a geodesic.

 \bullet Consider on ${\cal S}$

$$V^{b} \nabla_{b} V_{a} = -V^{b} \nabla_{a} V_{b} = \frac{1}{2} \nabla_{a} (-V^{2}) = 0.$$
 (5)

• V^a is tangent to a geodesic. In fact, to a null geodesic.

 \bullet Consider on ${\cal S}$

$$V^{b}\nabla_{b}V_{a} = -V^{b}\nabla_{a}V_{b} = \frac{1}{2}\nabla_{a}(-V^{2}) = 0.$$
 (5)

• V^a is tangent to a geodesic. In fact, to a null geodesic. In fact, to a zero energy null geodesic. Recall $E = -P \cdot V$.

 \bullet Consider on ${\cal S}$

$$V^{b}\nabla_{b}V_{a} = -V^{b}\nabla_{a}V_{b} = \frac{1}{2}\nabla_{a}(-V^{2}) = 0.$$
 (5)

- V^a is tangent to a geodesic. In fact, to a null geodesic. In fact, to a zero energy null geodesic. Recall $E = -P \cdot V$.
- A timelike surface ruled by null geodesics.

 \bullet Consider on ${\cal S}$

$$V^{b}\nabla_{b}V_{a} = -V^{b}\nabla_{a}V_{b} = \frac{1}{2}\nabla_{a}(-V^{2}) = 0.$$
 (5)

- V^a is tangent to a geodesic. In fact, to a null geodesic. In fact, to a zero energy null geodesic. Recall $E = -P \cdot V$.
- A timelike surface ruled by null geodesics. cf. photon sphere of Schwarzschild.

Unstable trapping of geodesics: photon sphere

• A null geodesic on the photon sphere r = 3M of Schwarzschild is trapped: it remains on r = 3M timelike surface forever.

Unstable trapping of geodesics: photon sphere

- A null geodesic on the photon sphere r = 3M of Schwarzschild is trapped: it remains on r = 3M timelike surface forever.
- This trapping is unstable. If disturbed this geodesics either falls into the black hole or escapes to infinity. Similar phenomenon is well studied for Kerr black hole.

Unstable trapping of geodesics: photon sphere

- A null geodesic on the photon sphere r = 3M of Schwarzschild is trapped: it remains on r = 3M timelike surface forever.
- This trapping is unstable. If disturbed this geodesics either falls into the black hole or escapes to infinity. Similar phenomenon is well studied for Kerr black hole.
- Using Geometric optics/WKB methods one can determine real and imaginary parts of QNMs of Kerr. Yang et al 2012.

STABLE trapping of geodesics: Evanescent ergo-surface

• Zero energy null geodesics on *S* of the microstate geometries are stably trapped. They are of minimum energy. They cannot fall further down. They cannot come out as it costs energy.

STABLE trapping of geodesics: Evanescent ergo-surface

- Zero energy null geodesics on S of the microstate geometries are stably trapped. They are of minimum energy. They cannot fall further down. They cannot come out as it costs energy.
- This is very peculiar. It does not happen typically.
STABLE trapping of geodesics: Evanescent ergo-surface

- Zero energy null geodesics on *S* of the microstate geometries are stably trapped. They are of minimum energy. They cannot fall further down. They cannot come out as it costs energy.
- This is very peculiar. It does not happen typically.
- Using Geometric optics/WKB methods one can determine real and imaginary parts of QNMs. The real part is expected to be close to zero and imaginary part is expected to be very small.

QNMs

 Eperon, Reall, Santos calculated QNMs for the simplest 2 and 3 charge microstate geometries and showed that (in the large / limit)

$$\omega_R \sim \mathcal{O}(I^0), \qquad \omega_I \sim -\exp\left[-2I\log I\right]$$
 (6)

 The QNMs show very, very slow decay. Much slower than anything known before.

QNMs

 Eperon, Reall, Santos calculated QNMs for the simplest 2 and 3 charge microstate geometries and showed that (in the large / limit)

$$\omega_R \sim \mathcal{O}(I^0), \qquad \omega_I \sim -\exp\left[-2I\log I\right]$$
 (6)

- The QNMs show very, very slow decay. Much slower than anything known before.
- Festuccia and Liu pointed out large AdS black holes have slow QNMs

$$\omega_{R} \sim \mathcal{O}(I), \qquad \omega_{I} \sim -\exp\left[-\beta I\right]$$
(7)

• QNMs for microstate geometries are much slower.

ERS Nonlinear Instability?

 One of the argument that suggested non-linear instability of AdS was slow QNMs of AdS BHs. It is understood to related to stable trapping of geodesics in the asymptotic region (non-compact) of global AdS.

ERS Nonlinear Instability?

- One of the argument that suggested non-linear instability of AdS was slow QNMs of AdS BHs. It is understood to related to stable trapping of geodesics in the asymptotic region (non-compact) of global AdS.
- For microstate geometries the situation is much worse; stable trapping is in a compact region of space and hence even slower decay. This strongly suggests non-linear instability of a very large class of microstate geometries.

 Motivated by corresponding AdS analysis of Holzegel and Smulevici, the decay of scalar can be shown to be slower than |log t|⁻². This is the slowest known decay in any asymptotically flat setting.

- Motivated by corresponding AdS analysis of Holzegel and Smulevici, the decay of scalar can be shown to be slower than |log t|⁻². This is the slowest known decay in any asymptotically flat setting.
- Slower decaying modes are with larger *I*.

- Motivated by corresponding AdS analysis of Holzegel and Smulevici, the decay of scalar can be shown to be slower than |log t|⁻². This is the slowest known decay in any asymptotically flat setting.
- Slower decaying modes are with larger *I*.
- This is very different from black holes. Aretakis showed decay of scalar outside the black hole is power law; with larger / modes decaying faster.

- Motivated by corresponding AdS analysis of Holzegel and Smulevici, the decay of scalar can be shown to be slower than |log t|⁻². This is the slowest known decay in any asymptotically flat setting.
- Slower decaying modes are with larger *I*.
- This is very different from black holes. Aretakis showed decay of scalar outside the black hole is power law; with larger / modes decaying faster.
- There are clear qualitative differences between decay properties of scalars on fuzzballs and black holes.

Outline

Introduction

2 Exotic Compact Objects and their QNMs

3 QNMs of simplest fuzzballs

Our recent paper

5 Summary

Our recent paper

- Most of the previous authors were concerned about the non-linear instability per se.
- With Bidisha Charkrabarty and Debodirna Ghosh we were concerned about the slow decaying modes, and the spectral problem.
- I will only present a broad brush discussion, detailed can be asked to Bidisha and Deb.

Near decoupling limit

- We focus on the computation of QNMs in the decoupling limit, where AdS/CFT is expected to be valid (D1-D5 orbifold CFT).
- The dual CFT description of the simplest SUSY fuzzballs is very well understood. Scalar excitations are also well understood. We ask where are the slow decaying QNMs.

QNMs spectrum from the D1-D5 CFT

• Using certain results of Avery, Chowdhury, Mathur 2008 we can compute the transition.



Figure: The scalar emission.

QNMs spectrum from the D1-D5 CFT

• Using certain results of Avery, Chowdhury, Mathur 2008 we can compute the transition.



Figure: The scalar emission.

• This gives the full QNMs spectrum. The decoupling limit faithfully captures ERS physics; there are indeed low energy modes with large *I*, i.e.,

$$\omega_R \sim \mathcal{O}(I^0). \tag{8}$$

• Typically in AdS/CFT one computes correlation functions in the CFT and compares them to quantities computed in the AdS geometry.

- Typically in AdS/CFT one computes correlation functions in the CFT and compares them to quantities computed in the AdS geometry.
- The set-up we are interested in is different. The three-charge microstate geometries discussed above have an inner AdS region glued to an asymptotically flat region.

- Typically in AdS/CFT one computes correlation functions in the CFT and compares them to quantities computed in the AdS geometry.
- The set-up we are interested in is different. The three-charge microstate geometries discussed above have an inner AdS region glued to an asymptotically flat region.
- The quansinormal modes are determined via the outgoing boundary conditions in the asymptotically flat region. Therefore, we are interested in the emission of a scalar quanta leaving to infinity of the asymptotically flat region. This requires coupling of CFT to flat space modes.
- Fortunately, this physics was also worked out by Avery, Chowdhury, Mathur 2008.

 Avery, Chowdhury, Mathur gave a formula for the emission rate to infinity

$$\omega_{I} = -\frac{2\pi}{2^{2l+2}(I!)^{2}} \frac{(Q_{1}Q_{5})^{l+1}}{R^{2l+3}} (\omega^{2} - \lambda^{2})^{l+1} |\langle f|\mathcal{V}|i\rangle|^{2}.$$
(9)

 Avery, Chowdhury, Mathur gave a formula for the emission rate to infinity

$$\omega_{I} = -\frac{2\pi}{2^{2l+2}(l!)^{2}} \frac{(Q_{1}Q_{5})^{l+1}}{R^{2l+3}} (\omega^{2} - \lambda^{2})^{l+1} |\langle f|\mathcal{V}|i\rangle|^{2}.$$
(9)

 Computing the transition amplitude |\langle f \mathcal{P} |i\rangle|^2 for the above process and taking the large / limit precisely gives ERS results in the decoupling limit.

Outline

Introduction

- 2 Exotic Compact Objects and their QNMs
- 3 QNMs of simplest fuzzballs
- Our recent paper



Summary: part I: exotic compact objects

 I discussed some elementary properties of exotic compact objects.

Summary: part I: exotic compact objects

- I discussed some elementary properties of exotic compact objects.
- I emphasised the need to study them further, not because we make like any of these objects, but to develop a quantitative paradigm to test BH nature of compact objects.

Summary: part I: exotic compact objects

- I discussed some elementary properties of exotic compact objects.
- I emphasised the need to study them further, not because we make like any of these objects, but to develop a quantitative paradigm to test BH nature of compact objects.
- In the QNM spectrum of these objects, boundary conditions play the key role. In many situations correct boundary conditions are not understood.

• Eperon, Reall, Santos have pointed out that the decay behaviour of scalar field on susy black hole microstates is very different from that on black holes.

- Eperon, Reall, Santos have pointed out that the decay behaviour of scalar field on susy black hole microstates is very different from that on black holes.
- The decay on fuzzballs is too slow; this suggests a non-linear instability. There are proposal about possible endpoints.

- Eperon, Reall, Santos have pointed out that the decay behaviour of scalar field on susy black hole microstates is very different from that on black holes.
- The decay on fuzzballs is too slow; this suggests a non-linear instability. There are proposal about possible endpoints.
- A main ingredient in the arguments of ERS was slow decaying QNMs. We have shown that all such details can be reproduced from a D1-D5 CFT analysis.

- Eperon, Reall, Santos have pointed out that the decay behaviour of scalar field on susy black hole microstates is very different from that on black holes.
- The decay on fuzzballs is too slow; this suggests a non-linear instability. There are proposal about possible endpoints.
- A main ingredient in the arguments of ERS was slow decaying QNMs. We have shown that all such details can be reproduced from a D1-D5 CFT analysis.
- One can do a detailed fuzzball debate at this point, but due to lack of sleep [and my own sanity] I did not go into that.

Thank You!