Decoding the cosmos: Tracing origins with rays and ripples

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Online seminar

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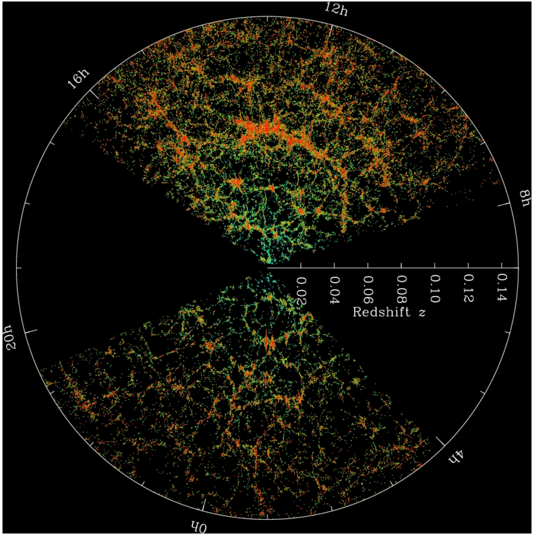
Plan of the talk

Plan of the talk

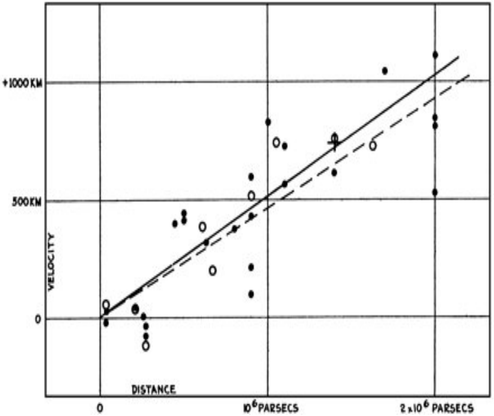
Distribution of galaxies in the universe

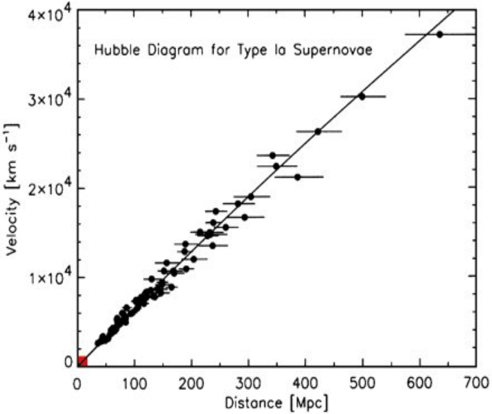


Distribution of galaxies as observed by the Sloan Digital Sky Survey[1].

[1] Image from https://www.sdss4.org/science/.

Hubble's law and the expanding universe



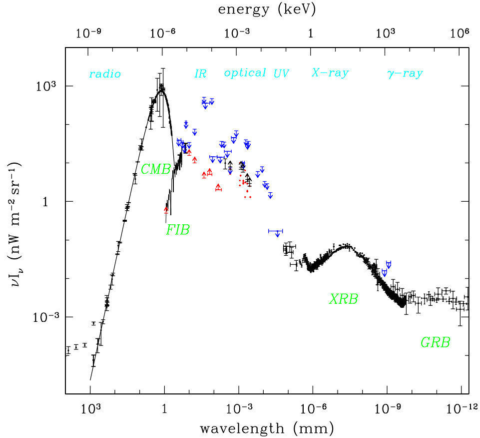


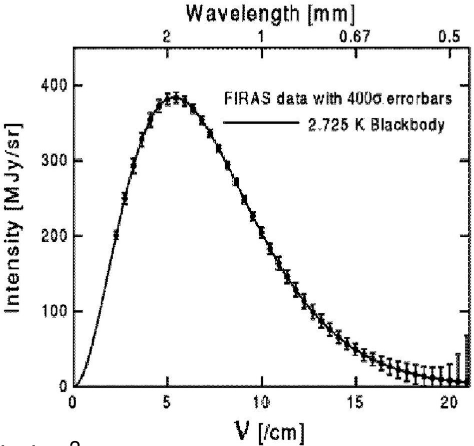
Left: Original Hubble data. The slope of the two fitted lines are about $500 \, \mathrm{km/sec/Mpc}$ and $530 \, \mathrm{km/sec/Mpc}$.

Right: A more recent Hubble diagram. The slope of the straight line is found to be about $72 \, \mathrm{km/sec/Mpc}$. The small red region marks the span of Hubble's original diagram[2].

[2] R. Kirshner, Proc. Natl. Acad. Sci. USA **101**, 8 (2004).

Cosmic microwave background (CMB)





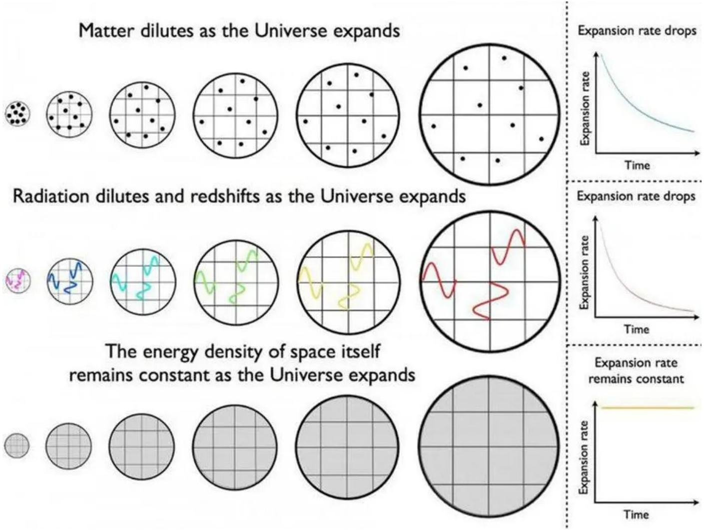
Left: Spectrum of cosmological background radiation[3].

Right: Spectrum of the CMB as measured by Cosmic Background Explorer (COBE)[4]. It is a nearly perfect thermal spectrum corresponding to a temperature of 2.725° K today.

[3]Figure from D. Scott, arXiv:astro-ph/9912038.

[4]Image from http://www.astro.ucla.edu/˜wright/cosmo_01.htm.

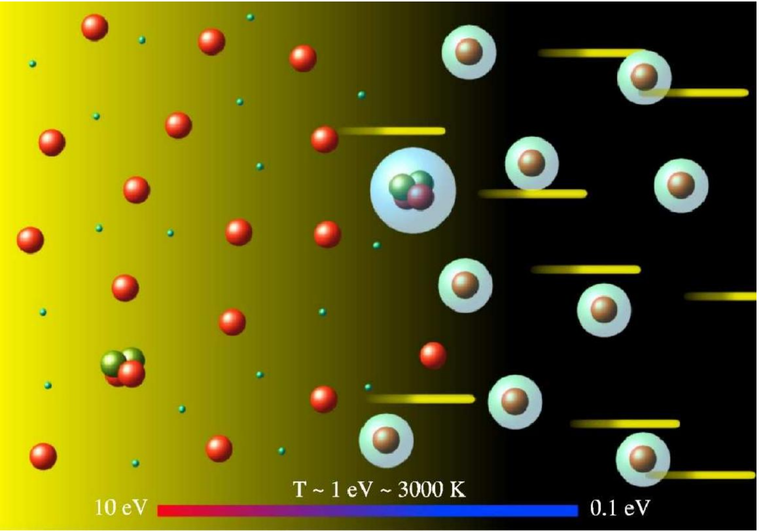
Evolution of energy densities in the universe



Evolution of energy densities in the universe according to general relativity[5].

5 Image from https://www.forbes.com/sites/startswithabang/2021/08/25/how-small-was-the-universe-at-the-start-of-the-big-bang/.

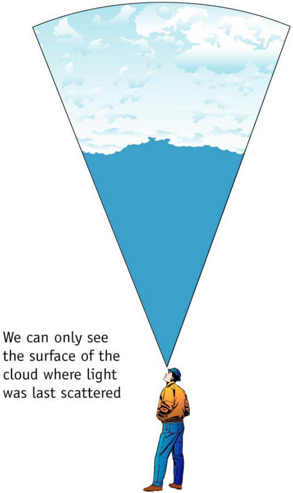
Decoupling of matter and radiation[6]

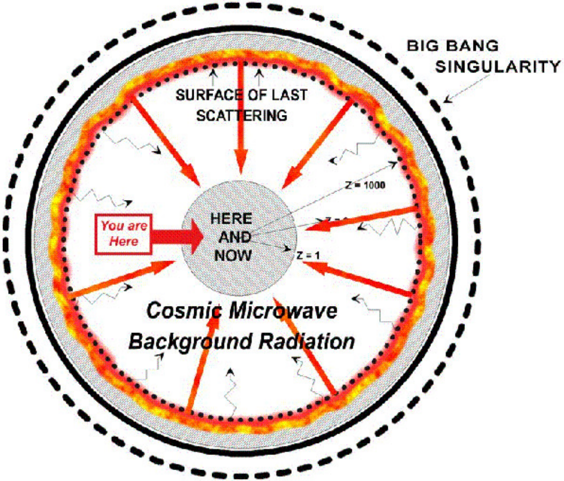


Matter and radiation cease to interact at a temperature of about $T \simeq 3000^\circ\ \mathrm{K}$.

[6] Image from W. H. Kinney, arXiv:astro-ph/0301448v2.

Surface of last scattering and free streaming CMB photons

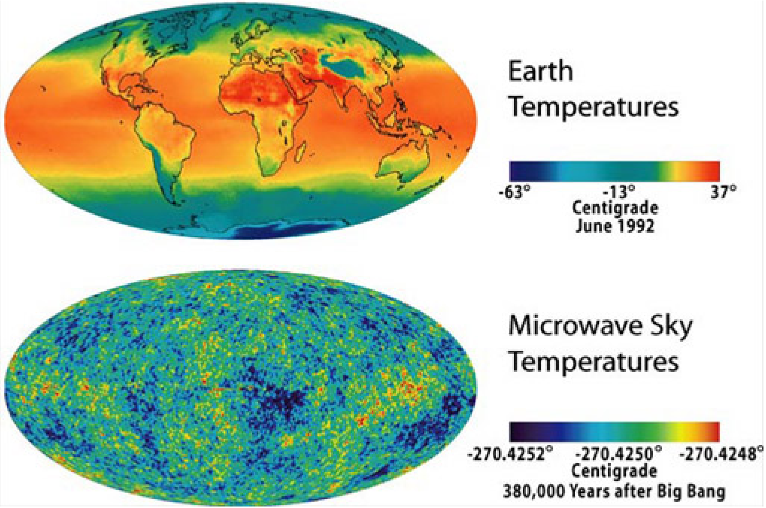




CMB photons stream to us freely from the surface of last scattering[7].

[7] Image from http://planck.caltech.edu/epo/epo-cmbDiscovery4.html.

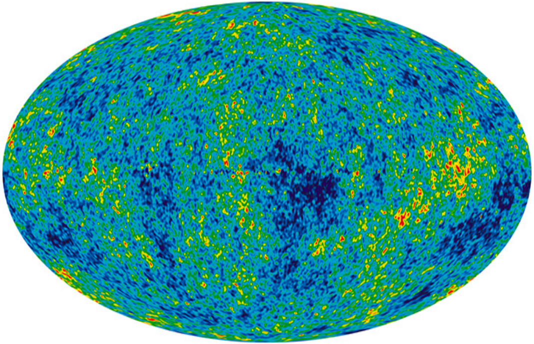
Projecting the surface of last scattering

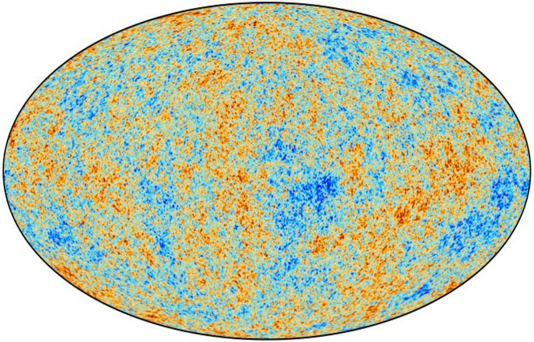


As the surface of the Earth is often illustrated, the temperature of the CMB on the surface of last scattering can be projected on to a plane using the Mollweide projection[8].

[8] Image from http://hyperphysics.phy-astr.gsu.edu/hbase/Astro/planckcmb.html.

Anisotropies in the CMB as observed by WMAP and Planck





Left: All-sky map of the anisotropies in the CMB created from nine years of Wilkinson Microwave Anisotropy Probe (WMAP) data[9].

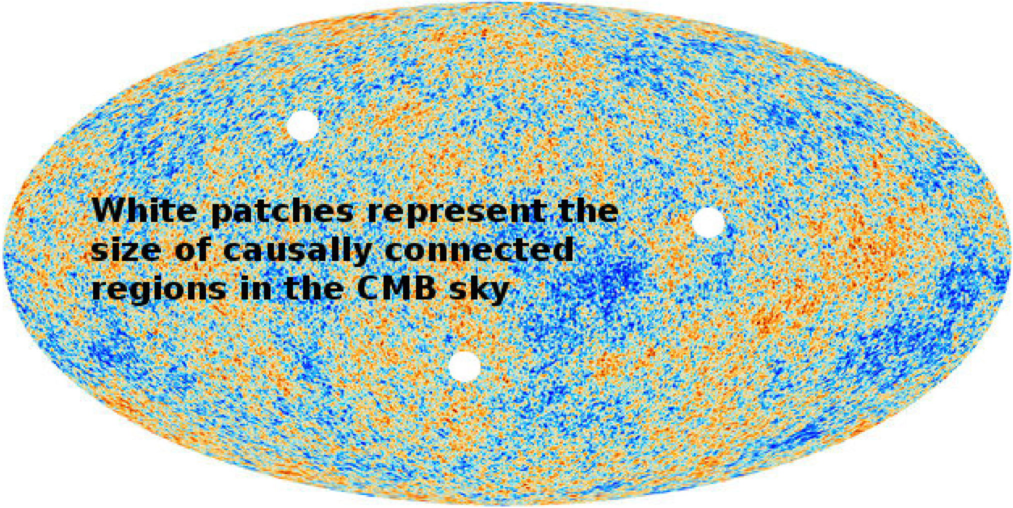
Right: CMB intensity map derived from the joint analysis of Planck, WMAP, and $408\ \mathrm{MHz}$ observations[10]. The above images show temperature variations (as color differences) of the order of $200\ \mu\mathrm{K}$.

[9] Image from http://wmap.gsfc.nasa.gov/media/121238/index.html.

[10] Planck Collaboration (P. A. R. Ade *et al.*), Astron. Astrophys. **594**, A1 (2016).

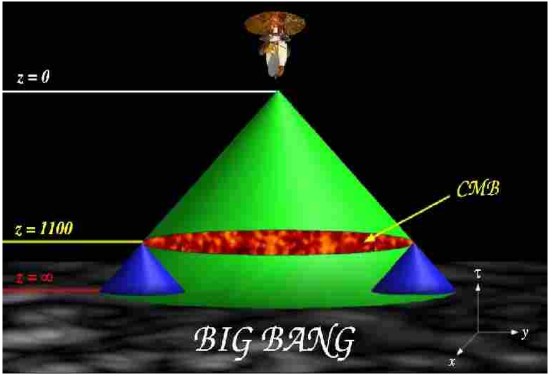
Plan of the talk

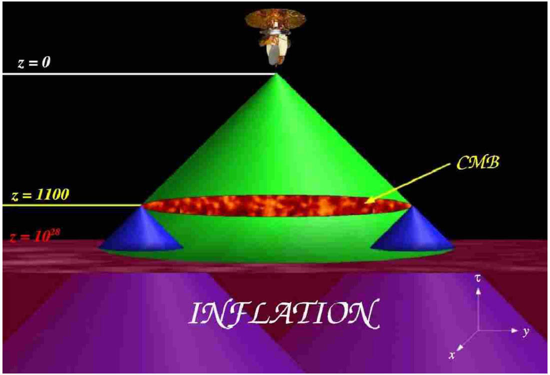
Horizon problem



The radiation from the CMB arriving at us from regions separated by more than the Hubble radius at the surface of last scattering, which subtends an angle of about 1° today, could not have interacted before decoupling.

Resolution of the horizon problem in the inflationary scenario

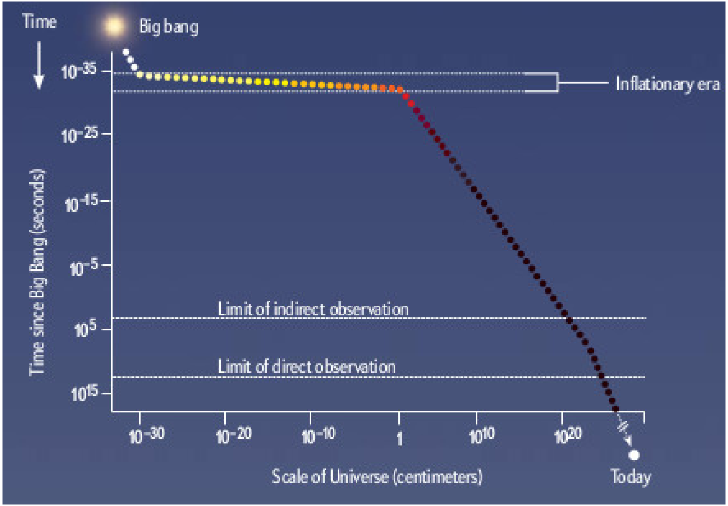




Another illustration of the horizon problem (on the left), and an illustration of its resolution (on the right) through an early and sufficiently long epoch of inflation[11].

[11] Images from W. Kinney, astro-ph/0301448.

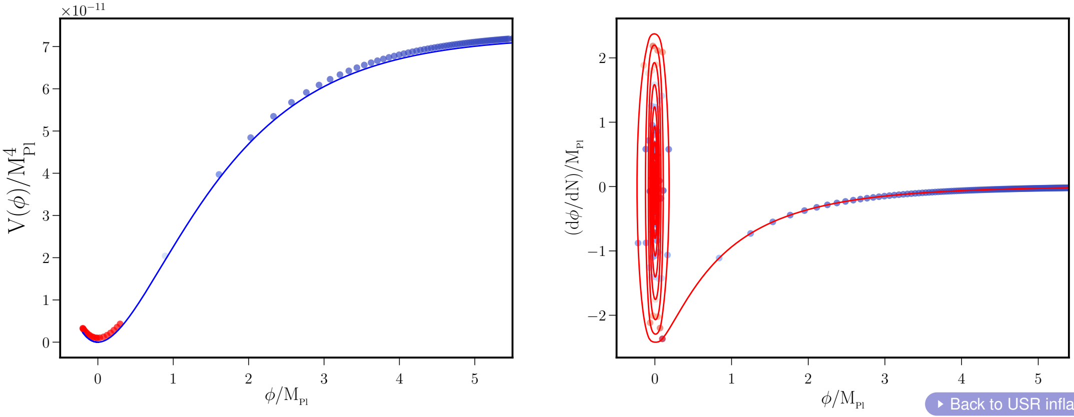
Time and duration of inflation



Inflation—a brief period of accelerated expansion—is expected to have taken place during the very early stages of the universe[12].

[12] Image from P. J. Steinhardt, Sci. Am. **304**, 18 (2011).

Inflationary attractor



Back to USR inflation

Evolution of the scalar field in the popular Starobinsky model, which leads to slow roll inflation, is indicated (as circles, in blue and red) at regular intervals of time (on the left). Illustration of the behavior of the scalar field in phase space (on the right)[13].

[13]Figure from H. V. Ragavendra, *Observational imprints of non-trivial inflationary dynamics over large and small, scales*, Ph.D. Thesis, Indian Institute of Technology Madras, Chennai, India (2022).

Origin of the primordial perturbations

Scalar perturbations:

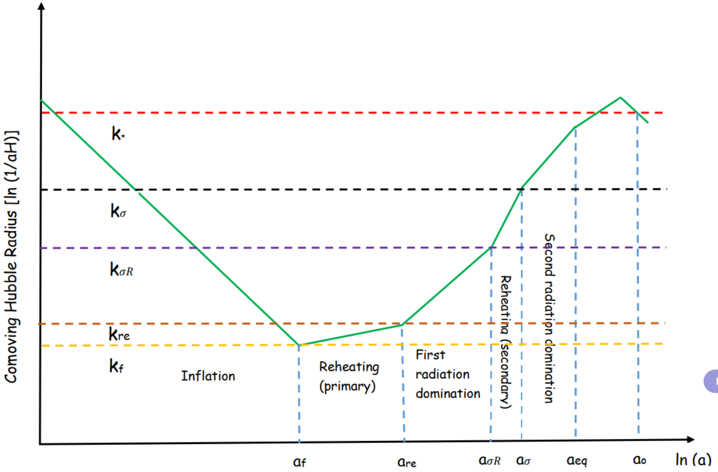
- ✦ The quantum fluctuations associated with the scalar fields that drive inflation are responsible for the primordial perturbations. The perturbations in the metric and matter are related through the Einstein's equations.
- ✦ The scalar perturbations leave the largest imprints on the CMB, and are primarily responsible for the inhomogeneities in the distribution of matter in the universe.

Tensor perturbations:

- ✦ The tensor perturbations, i.e. gravitational waves (GWs), can be generated even in the absence of sources.
- ✦ GWs are small disturbances in a given spacetime (much like ripples in water), which travel at the speed of light. They satisfy the wave equation in the given background spacetime.
- ✦ GWs are transverse in nature and are characterized by two degrees of polarization[14].

[14] See, for example, J. B. Hartle, *Gravity: An Introduction to Einstein's General Relativity* (Pearson Education, Delhi, 2003).

Behavior of the comoving wave number and Hubble radius



▸ Back to reheating

▸ Back to formation of PBHs

▸ Back to SGWs and PTA data

Behavior of the comoving wave number k (horizontal lines in different colors) and the comoving Hubble radius $d_{\rm H}/a = (a\,H)^{-1}$ (in green) across different epochs[15].

[15] Md. R. Haque, D. Maity, T. Paul and L. Sriramkumar, Phys. Rev. D **104**, 063513 (2021).

Describing the primordial perturbations

While comparing with the observations, for convenience, one often uses the following power law, template scalar and the tensor spectra[16]:

$$\mathcal{P}_{\mathrm{S}}(k) = A_{\mathrm{S}} \left(\frac{k}{k_*}\right)^{n_{\mathrm{S}}-1}, \qquad \mathcal{P}_{\mathrm{T}}(k) = A_{\mathrm{T}} \left(\frac{k}{k_*}\right)^{n_{\mathrm{T}}},$$

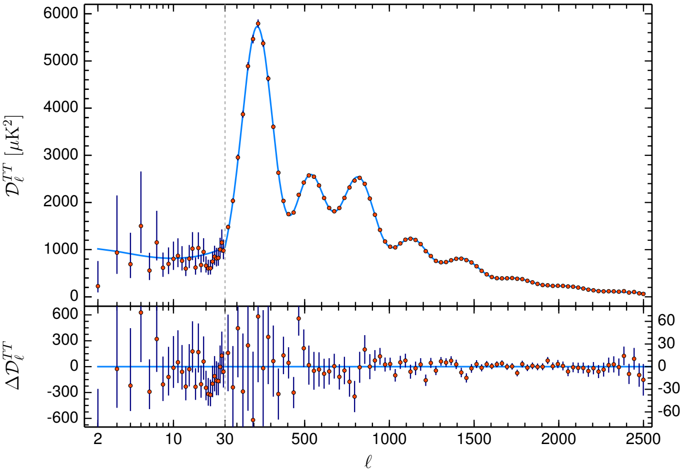
where A_{S} and A_{T} denote the scalar and tensor amplitudes, k_* represents the so-called pivot scale at which the amplitudes are quoted, while the spectral indices n_{S} and n_{T} are assumed to be constant.

The tensor-to-scalar ratio r is defined as

$$r(k) = \frac{\mathcal{P}_{\mathrm{T}}(k)}{\mathcal{P}_{\mathrm{S}}(k)}.$$

[16] See, for instance, L. Sriramkumar, Curr. Sci. **97**, 868 (2009).

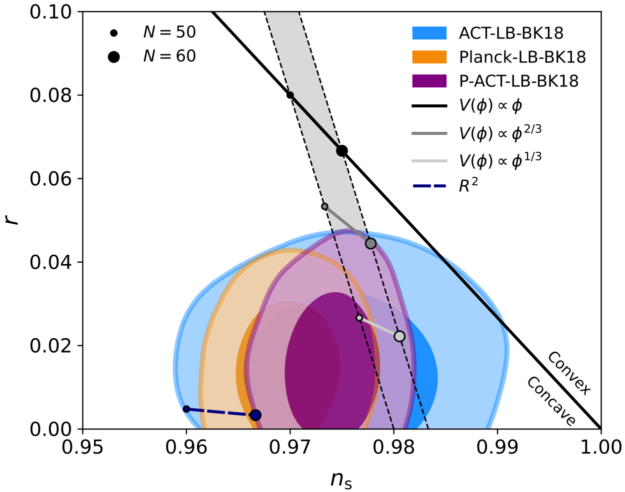
CMB angular power spectrum from Planck



The CMB TT angular power spectrum from the Planck 2018 data (red dots with error bars) and the best fit ΛCDM model with a power law primordial spectrum (solid blue curve)[17]

[17] Planck Collaboration (N. Aghanim *et al.*), Astron. Astrophys. **641**, A6 (2020).

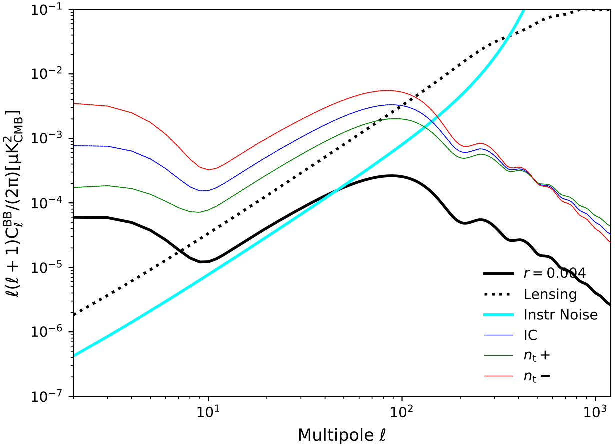
Performance of inflationary models in the $n_{\rm s}$-r plane



Latest constraints on $n_{\rm s}$ and r from ACT, in combination with other data sets, compared to the theoretical predictions of some of the popular inflationary models[18].

[18] ACT Collaboration (E. Calabrese *et al.*), arXiv:2503.14454 [astro-ph.CO].

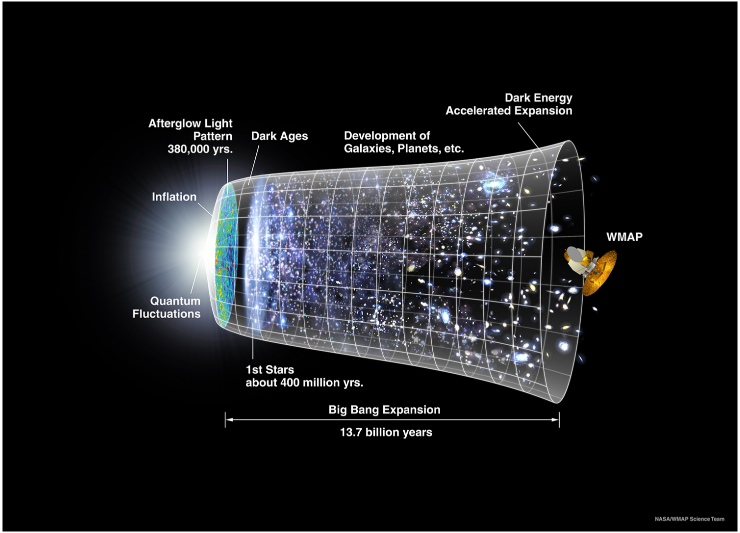
Prospects of observing the imprints of the tensor perturbations



The B-mode angular power spectra of the CMB resulting from the primary tensor perturbations for models with $r_{0.05} = 0.05$ have been plotted, along with the CMB lensing signal and the instrumental noise of a LiteBIRD-like configuration[19].

[19] D. Paoletti, F. Finelli, J. Valiviita and M. Hazumi, Phys. Rev. D **106**, 083528 (2022).

Timeline of the universe



Observations of GWs

A pictorial timeline of the universe[20].

[20] See http://wmap.gsfc.nasa.gov/media/060915/060915_CMB_Timeline150.jpg.

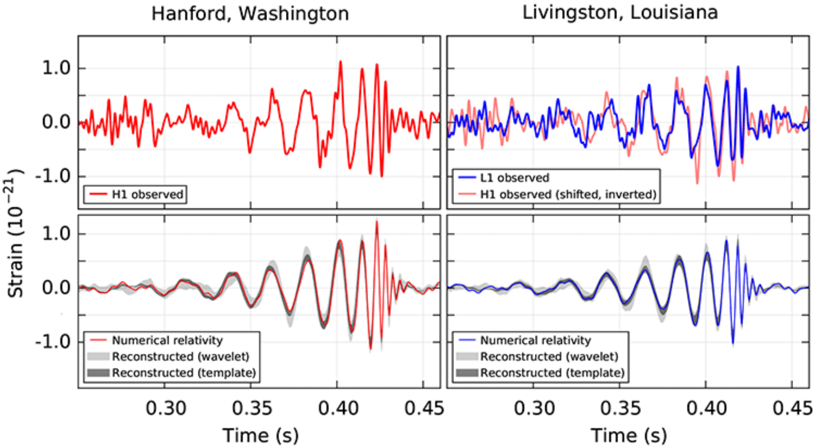
Plan of the talk

Laser Interferometer Gravitational-Wave Observatory (LIGO)

Views of LIGO at Hanford (on the left) and at Livingston (on the right). These observatories are essentially Michelson-Morley interferometers with rather long arms (of length about 4 km) that are extremely sensitive to the smallest disturbances of the mirrors[21].

[21] Images from https://www.advancedligo.mit.edu/summary.html.

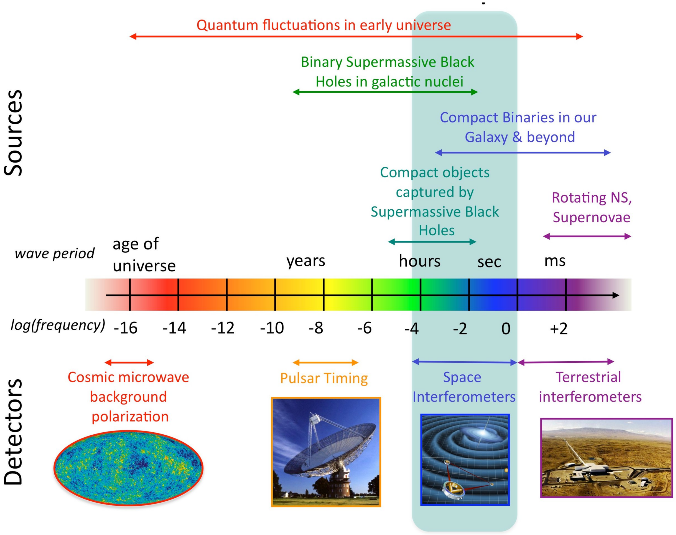
First observation of GWs from coalescing binary BHs



GWs from the merger of two black holes (BHs) as observed by the Laser Interferometer Gravitational-Wave Observatory (LIGO) at Hanford and Livingston (on top left and right). The expected signal, obtained using numerical simulations, is included (at the bottom)[22].

[22]Figure from LIGO Scientific and Virgo Collaborations (B. P. Abbott *et al.*), Phys. Rev. Lett. **116**, 061102 (2016).

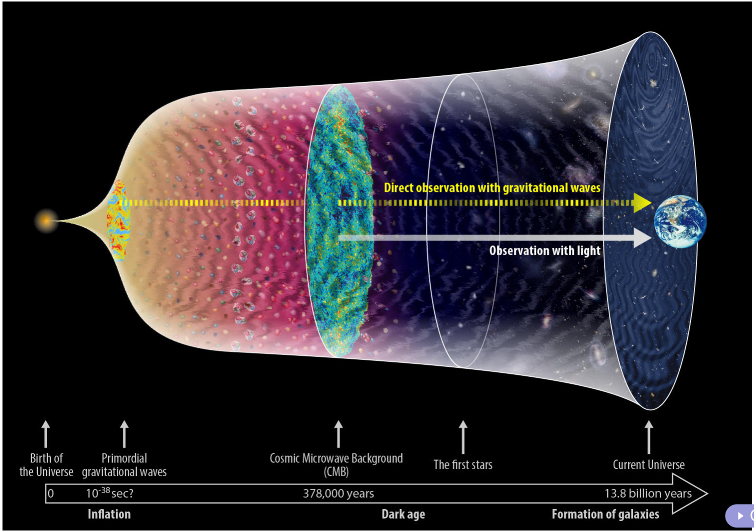
Sources and spectral range of GWs



Different sources of GWs and the corresponding detectors[23].

[23] J. B. Hartle, *Gravity: An Introduction to Einstein's General Relativity* (Pearson Education, Delhi, 2003).

Probing the primordial universe through GWs



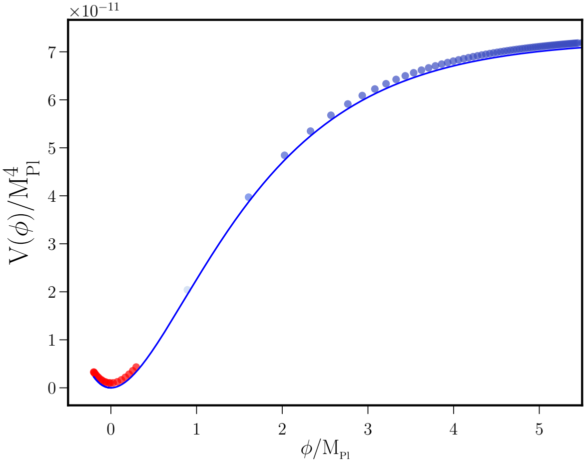
Observations of EM waves

GWs provide a unique window to probe the primordial universe[24].

[24] Image from https://gwpo.nao.ac.jp/en/gallery/000061.html.

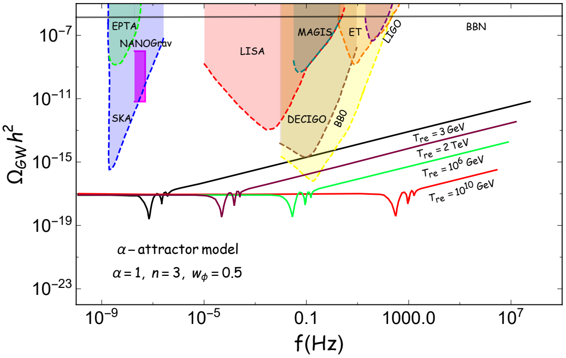
Plan of the talk

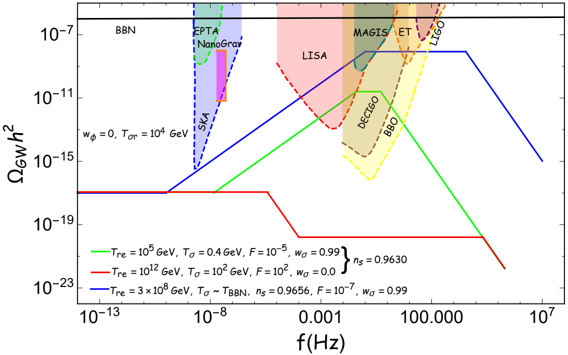
Evolution of the scalar field in an inflationary potential



The evolution of the scalar field in the so-called Starobinsky model has been indicated (as circles, in blue and red) at regular intervals of time. Inflation is terminated as the field approaches the bottom of the potential (near the light blue dot). Thereafter, the field oscillates at the bottom of the potential (indicated by the red dots).

Effects on $\Omega_{\rm GW}(f)$ due to phases of primary and secondary reheating



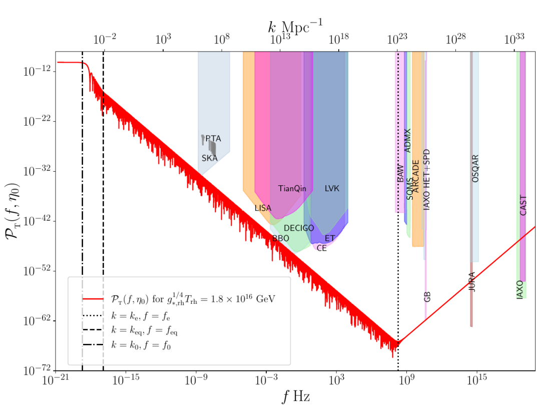


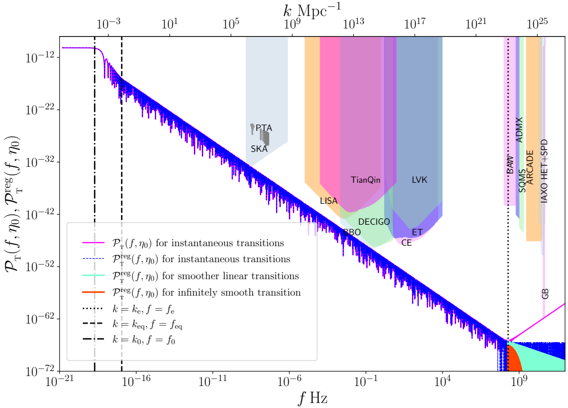
Evolution of comoving lengths

The dimensionless spectral energy density of primary GWs today, viz. $\Omega_{\rm GW}$, has been plotted, over a wide range of frequencies f, in the standard (on the left) and non-standard (on the right) reheating scenarios[25].

[25] Md. R. Haque, D. Maity, T. Paul and L. Sriramkumar, Phys. Rev. D **104**, 063513 (2021).

Power spectrum of primary GWs today



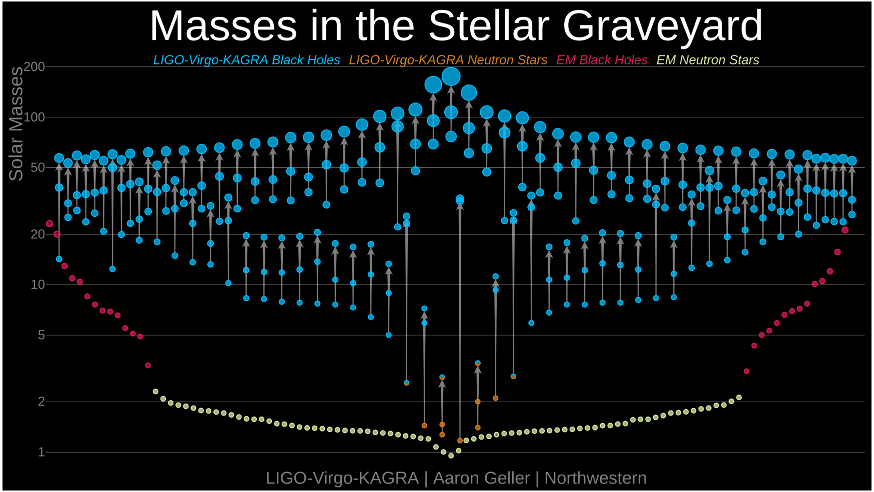


▸ Evolution of comoving lengths

The actual and the regularized power spectrum of primary GWs today have been plotted assuming $r \simeq 0.034$ in the case of instantaneous (on the left) and smoother (on the right) transitions from de Sitter inflation to the epochs of radiation and matter domination[26].

[26] A. Hoory, J. Martin, A. Paul and L. Sriramkumar, JCAP **05**, 080 (2026);
A. Hoory, J. Martin, A. Paul and L. Sriramkumar, arXiv:2605.18286 [astro-ph.CO].

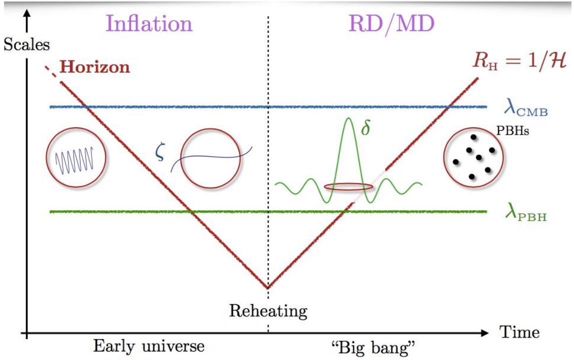
Coalescence of compact binaries observed by LIGO

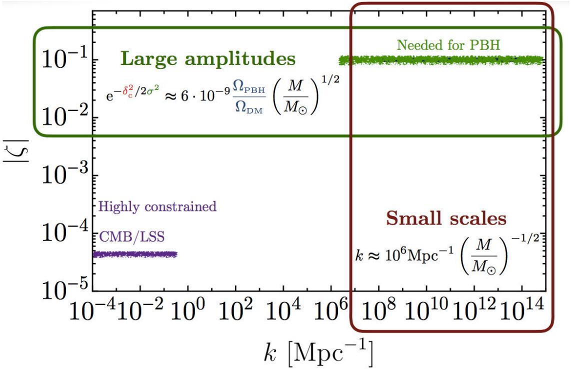


The third GW Transient Catalog of mergers involving BHs and neutron stars observed by the LIGO-Virgo-KAGRA collaboration[27].

[27] Image from https://www.ligo.caltech.edu/LA/image/ligo20211107a.

Formation of BHs in the early universe





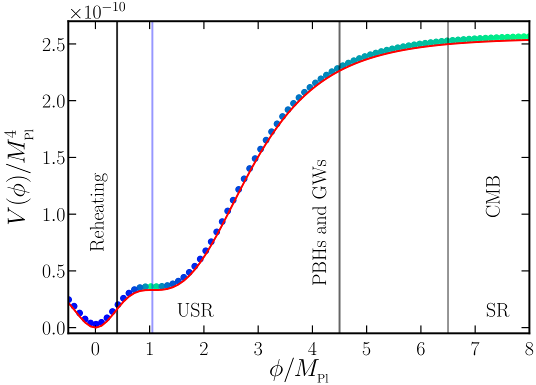
Left: Primordial BHs (PBHs) can form when perturbations with significant amplitudes reenter the Hubble radius during the radiation dominated epoch[28].

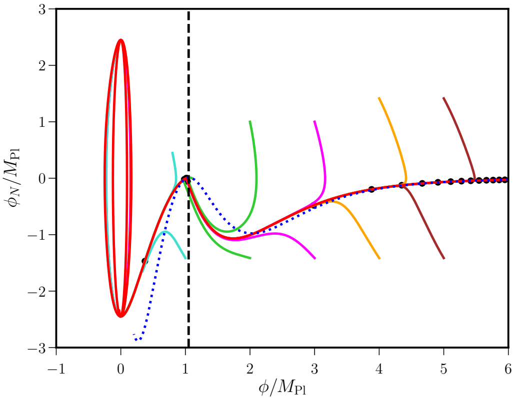
▸ Evolution of comoving lengths

Right: To form significant number of PBHs, the amplitude of the perturbations on small scales has to be close to unity[29].

[28] Figure from G. Franciolini, arXiv:2110.06815 [astro-ph.CO].
[29] Figure credit G. Franciolini.

Single-field models admitting ultra slow roll (USR) inflation



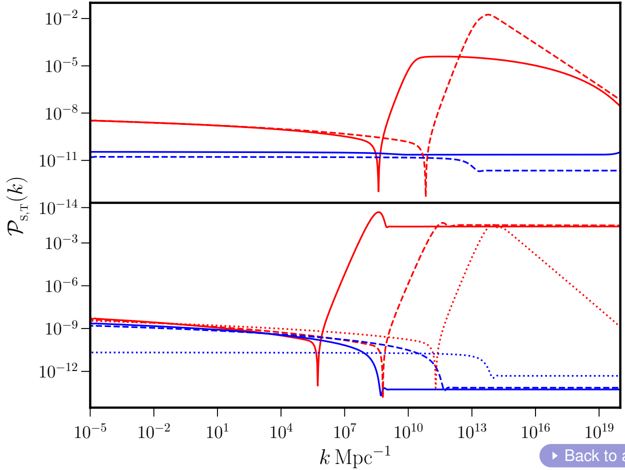


Inflationary attractor

Potentials which contain a point of inflection generically admit a period of USR inflation[30].

[30] See, for example, C. Germani and T. Prokopec, Phys. Dark Univ. **18**, 6 (2017);
I. Dalianis, A. Kehagias and G. Tringas, JCAP **01**, 037 (2019).
Figures credits, H. V. Ragavendra and S. Maity.

Power spectra in models permitting USR inflation

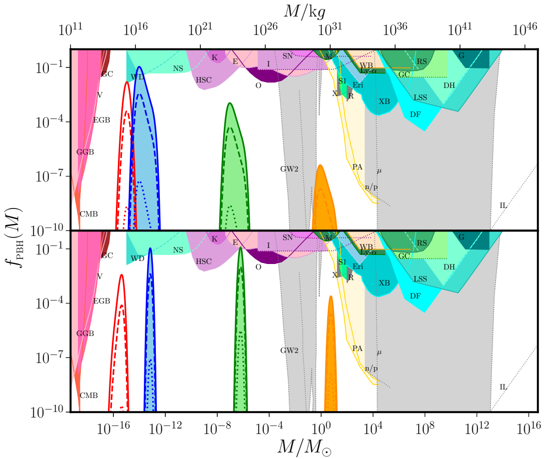


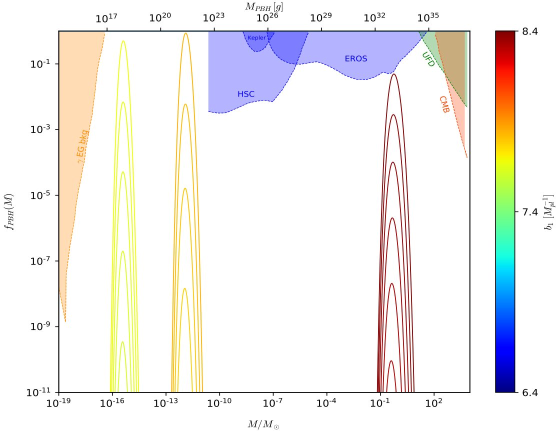
Back to analytical form of the power spectrum

Scalar (in red) and the tensor (in blue) power spectra arising in different single-field models that permit a period of USR inflation[31].

[31] H. V. Ragavendra, P. Saha, L. Sriramkumar and J. Silk, Phys. Rev. D **103**, 083510 (2021);
Also see H. V. Ragavendra and L. Sriramkumar, Galaxies **11**, 34 (2023).

Formation of PBHs in single-field and two-field models of inflation



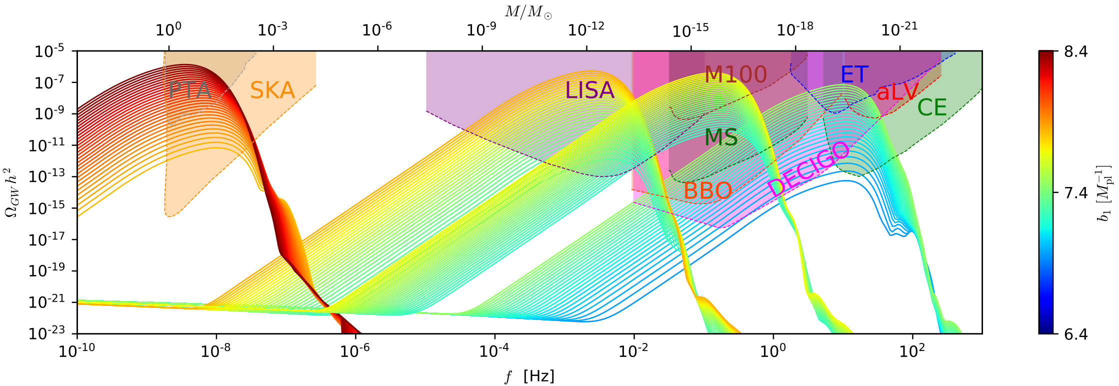


The fraction of PBHs contributing to the dark matter density today $f_{\mathrm{PBH}}(M)$ arising in different single-field[32] and two-field[33] inflationary models.

[32] H. V. Ragavendra, P. Saha, L. Sriramkumar and J. Silk, Phys. Rev. D **103**, 083510 (2021).

[33] M. Braglia, D. K. Hazra, F. Finelli, G. F. Smoot, L. Sriramkumar and A. A. Starobinsky, JCAP **08**, 001 (2020).

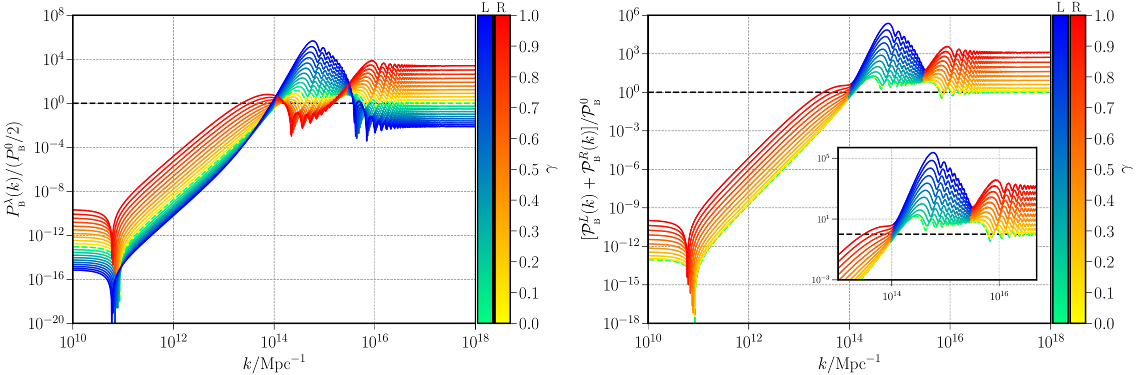
Secondary GWs in the two-field model



The dimensionless density parameter $\Omega_{\rm GW}(f)$ arising in the two-field model has been plotted for a set of initial conditions for the background fields as well as a range of values of a parameter describing the model[34].

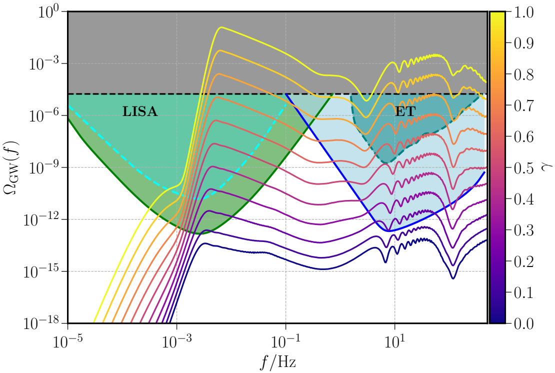
[34] M. Braglia, D. K. Hazra, F. Finelli, G. F. Smoot, L. Sriramkumar and A. A. Starobinsky, JCAP **08**, 001 (2020).

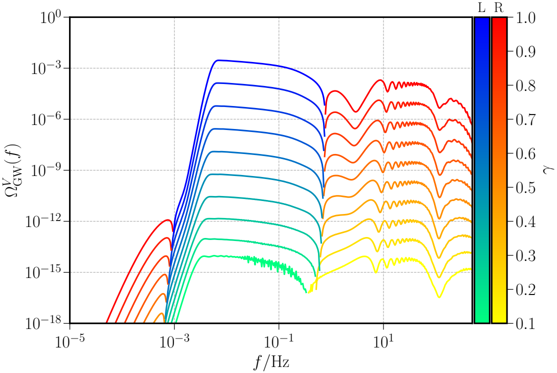
Generation of helical magnetic fields during inflation



The power spectra of helical magnetic fields generated in a multi-phase scenario of magnetogenesis. We have highlighted (in the inset, on the right) the range of wave numbers which lead to the maximum impact on the spectral energy density of secondary GWs. In particular, note that the helicity of the power spectrum changes around the peak.

Secondary GWs generated by the helical magnetic fields



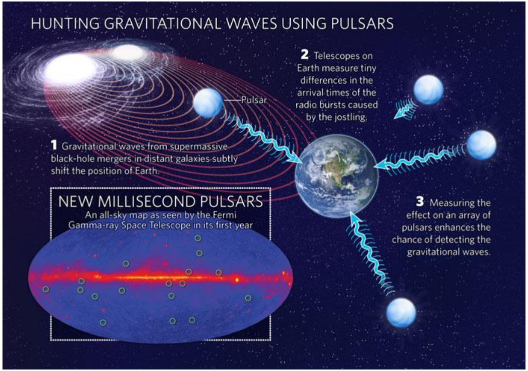


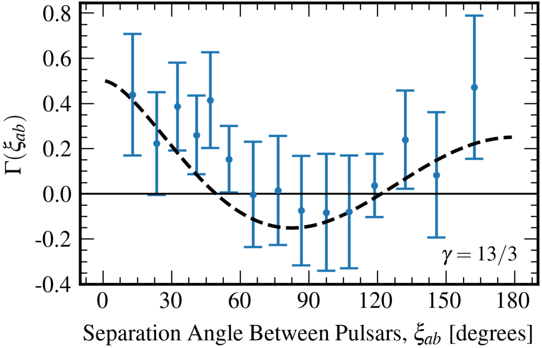
The total (on the left) and the difference (on the right) in the spectral energy densities of secondary GWs induced by the two polarizations of the helical magnetic fields. Note that the change in the helicity of the primordial magnetic fields is transferred to the chirality of the GWs around the peak[35].

[35] H. V. Ragavendra, G. Tasinato and L. Sriramkumar, Phys. Rev. D **113**, 103547 (2026).

Plan of the talk

Pulsar timing arrays (PTAs) and the Hellings-Downs curve

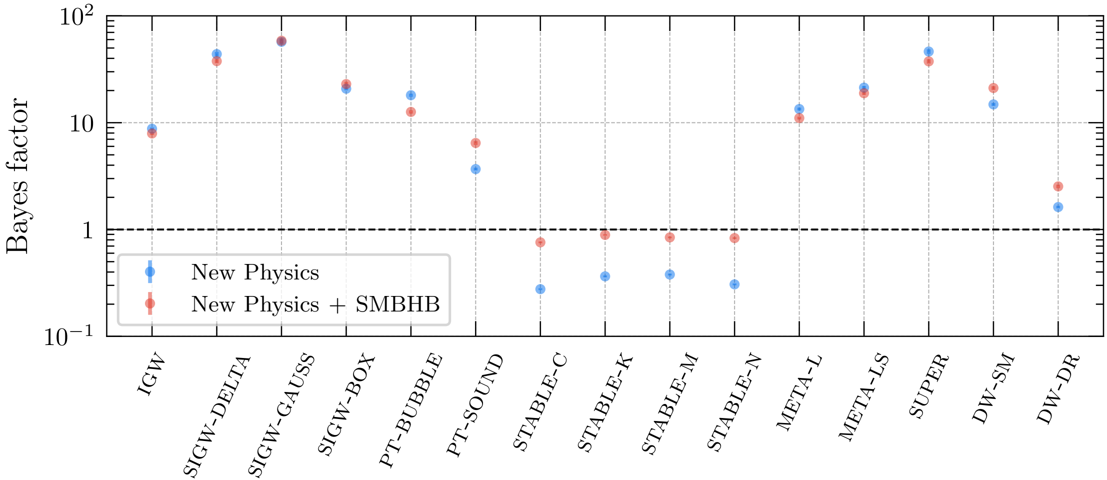




Left: The PTAs monitor an array of millisecond pulsars[36].
Right: The inter-pulsar correlations measured from 2,211 distinct pairings in the 67-pulsar array of the NANOGrav 15-year data. The dashed black line shows the Hellings-Downs correlation pattern[37].

[36] See https://ipta.github.io/mock_data_challenge/.
[37] NANOGrav Collaboration (G. Agazie *et al.*), Astrophys. J. Lett. **951**, 1 (2023).

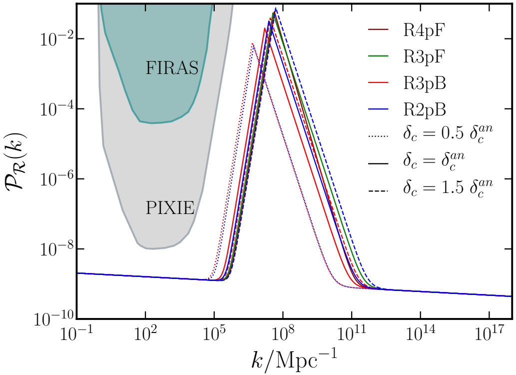
Stochastic GW background observed by pulsar timing arrays (PTAs)

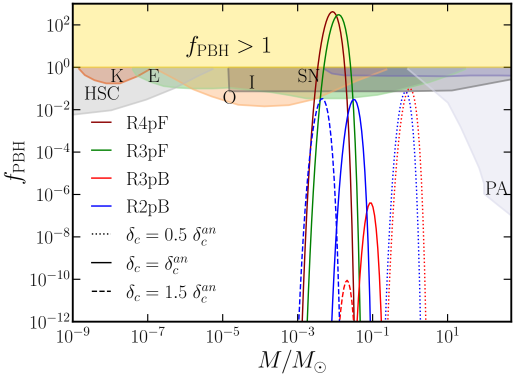


The Bayesian evidence for a variety of astrophysical and cosmological sources for the stochastic GW background suggested by the observations of the PTAs[38].

[38] NANOGrav Collaboration (G. Agazie *et al.*), Astrophys. J. Lett. **951**, 1 (2023).

Power spectra and the extent of PBHs formed



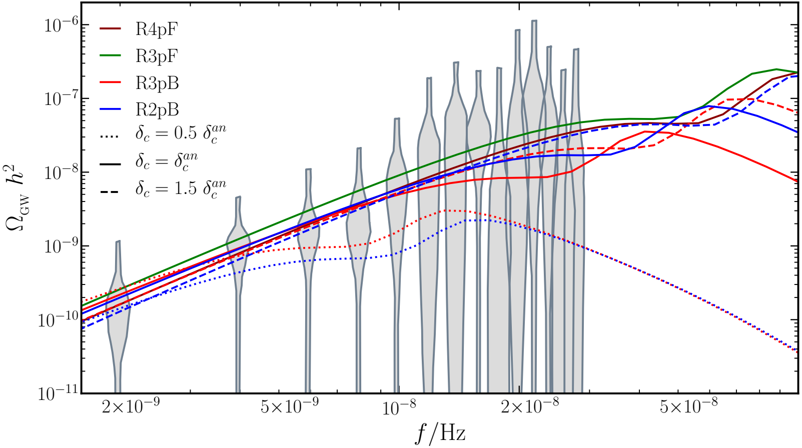


Scalar power spectra (on the left) and the extent of PBHs formed (on the right). We have assumed a specific reheating temperature and have plotted the fraction of PBHs that constitute the dark matter density today, viz. $f_{\rm PBH}(M)$, for the best-fit values of the parameters in the different models[39].

▸ Power spectra in USR inflation

[39] S. Maity, N. Bhaumik, Md. R. Haque, D. Maity and L. Sriramkumar, JCAP **01**, 118 (2025).

Generation of secondary GWs during the epoch of reheating



Epoch of reheating

The dimensionless spectral energy density of the secondary GWs today $\Omega_{\rm GW}(f)$ is plotted for a given reheating temperature and the best-fit values of the parameters in the different models[40].

[40] S. Maity, N. Bhaumik, Md. R. Haque, D. Maity and L. Sriramkumar, JCAP **01**, 118 (2025).

Plan of the talk,noframenumbering

Outlook

- The increasingly precise observations of the CMB by future missions such as Lite-BIRD (Light satellite for the studies of B-mode polarization and Inflation from cosmic background Radiation Detection), Primordial Inflation Explorer (PIXIE) and Exploring Cosmic History and Origin (ECHO, a proposed Indian effort) can be expected to help us improve the current constraints on the primordial correlations.
- The observations by LIGO are a culmination of almost fifty years of effort to detect GWs. They have opened up a new window to observe the universe.
- The observations by the PTAs and their possible implications for the stochastic GW background offer a wonderful opportunity to understand the physics operating in the early universe.
- Over the coming decades, GW observatories such as the Laser Interferometer Space Antenna, Einstein Telescope and Cosmic Explorer, can be expected to provide us with an unhindered view of the primordial universe.

This talk was based on. . . I

- M. Braglia, D. K. Hazra, F. Finelli, G. F. Smoot, L. Sriramkumar and A. A. Starobinsky, *Generating PBHs and small-scale GWs in two-field models of inflation*, JCAP **08**, 001 (2020) [arXiv:2005.02895 [astro-ph.CO]].
- H. V. Ragavendra, P. Saha, L. Sriramkumar and J. Silk, *Primordial black holes and secondary gravitational waves from ultra slow roll and punctuated inflation*, Phys. Rev. D **103**, 083510 (2021) [arXiv:2008.12202 [astro-ph.CO]].
- Md. R. Haque, D. Maity, T. Paul and L. Sriramkumar, *Decoding the phases of early and late time reheating through imprints on primordial gravitational waves*, Phys. Rev. D **104**, 063513 (2021) [arXiv:2105.09242 [astro-ph.CO]].
- H. V. Ragavendra and L. Sriramkumar, *Observational imprints of enhanced scalar power on small scales in ultra slow roll inflation and associated non-Gaussianities*, Galaxies **11**, 34 (2023) [arXiv:2301.08887 [astro-ph.CO]].
- S. Maity, N. Bhaumik, Md. R. Haque, D. Maity and L. Sriramkumar, Constraining the history of reheating with the NANOGrav 15-year data, JCAP **01**, 118 (2025) [arXiv:2403.16963 [astro-ph.CO]].

This talk was based on. . . II

- A. Hoory, J. Martin, A. Paul and L. Sriramkumar, Primary gravitational waves at high frequencies I: Origin of suppression in the power spectrum, JCAP **05**, 080 (2026) [arXiv:2512.03959 [astro-ph.CO]].
- H. V. Ragavendra, G. Tasinato and L. Sriramkumar, Chiral gravitational waves from multi-phase magnetogenesis, Phys. Rev. D **113**, 103547 (2026) [arXiv:2602.16575 [astro-ph.CO]].
- A. Hoory, J. Martin, A. Paul and L. Sriramkumar, Primary gravitational waves at high frequencies II: Emergence of the exponential cut-off in the power spectrum, arXiv:2605.18286 [astro-ph.CO].

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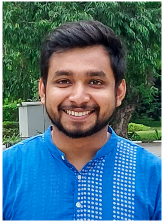
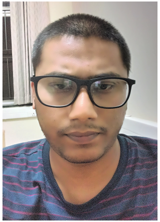


Suvashis Maity



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Acknowledgments

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FRIF

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IAP

Thank you for your attention