Probing the primordial universe with electromagnetic and gravitational waves

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Plan of the talk

- The standard model of cosmology
- 2) The inflationary scenario
- Constraints on inflation from the Planck CMB data
 - GWs provide a new window to the universe
- 5 Generating GWs in the early universe
- 6 Observations by the PTAs and the stochastic GW background





This talk is based on...

- H. V. Ragavendra, D. Chowdhury and L. Sriramkumar, Suppression of scalar power on large scales and associated bispectra, Phys. Rev. D 106, 043535 (2022) [arXiv:2003.01099 [astro-ph.CO]].
- M. Braglia, D. K. Hazra, F. Finelli, G. F. Smoot, L. Sriramkumar and A. A. Starobinsky, Generating PBHs and small-scale GWs in two-field models of inflation, JCAP 08, 001 (2020) [arXiv:2005.02895 [astro-ph.CO]].
- H. V. Ragavendra, P. Saha, L. Sriramkumar and J. Silk, *Primordial black holes and secondary gravitational waves from ultra slow roll and punctuated inflation*, Phys. Rev. D 103, 083510 (2021) [arXiv:2008.12202 [astro-ph.CO]].
- Md. R. Haque, D. Maity, T. Paul and L. Sriramkumar, *Decoding the phases of early and late time reheating through imprints on primordial gravitational waves*, Phys. Rev. D 104, 063513 (2021) [arXiv:2105.09242 [astro-ph.CO]].
- H. V. Ragavendra and L. Sriramkumar, Observational imprints of enhanced scalar power on small scales in ultra slow roll inflation and associated non-Gaussianities, Galaxies 11, 34 (2023) [arXiv:2301.08887 [astro-ph.CO]].



This talk is based on...

- S. Maiti, D. Maity and L. Sriramkumar, Constraining inflationary magnetogenesis and reheating via GWs in light of PTA data, arXiv:2401.01864 [astro-ph.CO].
- S. Maity, N. Bhaumik, Md. R. Haque, D. Maity and L. Sriramkumar, Constraining the history of reheating with the NANOGrav 15-year data, in preparation.



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7 Outlook



Distribution of galaxies in the universe



Distribution of galaxies as observed by the Sloan Digital Sky Survey¹.



¹Image from https://www.sdss4.org/science/.

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Spectrum of radiation in the universe



The spectrum of the cosmological background radiation has been plotted as a function of wavelength². Note that the cosmic microwave background (CMB) contributes the most to the background radiation.

²Figure from D. Scott, arXiv:astro-ph/9912038.

Spectrum of the CMB



The spectrum of the CMB as measured by the COBE satellite³. It is such a perfect Planck spectrum (corresponding to a temperature of 2.725° K) that it is unlikely to be bettered in the laboratory. The error bars in the graph above have been amplified 400 times so that they can be seen!

³Image from http://www.astro.ucla.edu/~wright/cosmo_01.htm.

The big bang model seems popular!



The current view of the universe, encapsulated in the hot big bang model, seems popular. The above image is a screen grab from the theme song of the recent American sitcom 'The Big Bang Theory'⁴!

⁴See http://www.cbs.com/shows/big_bang_theory/.

The hot big bang model

Decoupling of matter and radiation⁵



Matter and radiation cease to interact at a temperature of about $T \simeq 3000^{\circ}$ K, which corresponds to a redshift of about $z \simeq 1000$.

⁵Image from W. H. Kinney, arXiv:astro-ph/0301448v2.

Surface of last scattering and the free streaming of CMB photons



CMB photons stream to us freely from the surface of last scattering when radiation decoupled from matter⁶.

⁶Image from http://planck.caltech.edu/epo/epo-cmbDiscovery4.html.

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Projecting the surface of last scattering



As the surface of the Earth is often illustrated, the temperature of the CMB on the surface of last scattering can be projected on to a plane using the Mollweide projection⁷.

⁷Image from http://hyperphysics.phy-astr.gsu.edu/hbase/Astro/planckcmb.html.

Anisotropies in the CMB



The fluctuations in the temperature of the CMB as seen by $COBE^8$. The CMB turns out to be isotropic to one part in 10^5 .

⁸Image from http://aether.lbl.gov/www/projects/cobe/COBE_Home/DMR_Images.html.

Anisotropies in the CMB as seen by WMAP and Planck



Left: All-sky map of the anisotropies in the CMB created from nine years of Wilkinson Microwave Anisotropy Probe (WMAP) data⁹.

Right: CMB intensity map derived from the joint analysis of Planck, WMAP, and 408 MHz observations¹⁰. The above images show temperature variations (as color differences) of the order of 200μ K.

⁹Image from http://wmap.gsfc.nasa.gov/media/121238/index.html.

¹⁰P. A. R. Ade *et al.*, arXiv:1502.01582 [astro-ph.CO].

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The horizon problem



The radiation from the CMB arriving at us from regions separated by more than the Hubble radius at the surface of last scattering, which subtends an angle of about 1° today, could not have interacted before decoupling.

Inflation resolves the horizon problem



<u>An early and sufficiently long epoch of inflation resolves the horizon problem¹¹.</u>



¹¹Image from W. H. Kinney, arXiv:astro-ph/0301448v2.

Time and duration of inflation



Inflation—a brief period of accelerated expansion—is expected to have taken place during the very early stages of the universe¹².

¹²Image from P. J. Steinhardt, Sci. Am. **304**, 18 (2011).

Driving inflation with scalar fields



Inflation can be achieved with scalar fields encountered in high energy physics¹³.



¹³Image from P. J. Steinhardt, Sci. Am. **304**, 34 (2011).

A variety of potentials to choose from



A variety of scalar field potentials have been considered to drive inflation¹⁴.



¹⁴Image from W. Kinney, astro-ph/0301448.

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Proliferation of inflationary models

5-dimensional assisted inflation anisotropic brane inflation anomaly-induced inflation assisted inflation assisted chaotic inflation boundary inflation brane inflation brane-assisted inflation brane gas inflation brane-antibrane inflation braneworld inflation Brans-Dicke chaotic inflation Brans-Dicke inflation bulky brane inflation chaotic hybrid inflation chaotic inflation chaotic new inflation D-brane inflation D-term inflation dilaton-driven inflation dilaton-driven brane inflation double inflation double D-term inflation dual inflation dynamical inflation dynamical SUSY inflation eternal inflation extended inflation

be possible to rule out some of these models!

extended open inflation extended warm inflation extra dimensional inflation E-term inflation F-term hybrid inflation false vacuum inflation false vacuum chaotic inflation fast-roll inflation first order inflation gauged inflation generalised inflation generalized assisted inflation generalized slow-roll inflation gravity driven inflation Hagedorn inflation higher-curvature inflation hybrid inflation hyperextended inflation induced gravity inflation induced gravity open inflation intermediate inflation inverted hybrid inflation isocurvature inflation K inflation kinetic inflation lambda inflation large field inflation late D-term inflation

late-time mild inflation low-scale inflation low-scale supergravity inflation M-theory inflation mass inflation massive chaotic inflation moduli inflation multi-scalar inflation multiple inflation multiple-field slow-roll inflation multiple-stage inflation natural inflation natural Chaotic inflation natural double inflation natural supergravity inflation new inflation next-to-minimal supersymmetric hybrid inflation non-commutative inflation non-slow-roll inflation nonminimal chaotic inflation old inflation open hybrid inflation open inflation oscillating inflation polynomial chaotic inflation polynomial hybrid inflation power-law inflation

pre-Big-Bang inflation primary inflation primordial inflation guasi-open inflation quintessential inflation R-invariant topological inflation rapid asymmetric inflation running inflation scalar-tensor gravity inflation scalar-tensor stochastic inflation Seiberg-Witten inflation single-bubble open inflation spinodal inflation stable starobinsky-type inflation steady-state eternal inflation steep inflation stochastic inflation string-forming open inflation successful D-term inflation supergravity inflation supernatural inflation superstring inflation supersymmetric hybrid inflation supersymmetric inflation supersymmetric topological inflation supersymmetric new inflation synergistic warm inflation TeV-scale hybrid inflation

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A partial list of ever-increasing number of inflationary models¹⁵. Actually, it may not even

¹⁵ From E. P. S. Shellard, The future of cosmology: Observational and computational prospects, in The Future of Theoretical Physics and Cosmology, Eds. G. W. Gibbons, E. P. S. Shellard and S. J. Rankin (Cambridge University Press, Cambridge, England, 2003).

Origin of the primordial perturbations

- The vacuum fluctuations in the scalar fields that drive inflation lead to perturbations in the metric. The perturbations in the metric and matter are related through the Einstein's equations.
- The scalar perturbations leave the largest imprints on the CMB, and are primarily responsible for the inhomogeneities in the distribution of matter in the universe.
- Whereas, the tensor perturbations, *i.e.* the gravitational waves (GWs), can be generated even in the absence of sources.



Behavior of the comoving wave number and Hubble radius



Behavior of the comoving wave number k (horizontal lines in different colors) and the comoving Hubble radius $d_{\rm H}/a = (a H)^{-1}$ (in green) across different epochs¹⁶.

¹⁶Md. R. Haque, D. Maity, T. Paul and L. Sriramkumar, Phys. Rev. D 104, 063513 (2021).

Typical evolution of the perturbations



Typical evolution of the real and the imaginary parts of the scalar modes during slow roll inflation. The mode considered here leaves the Hubble radius at about 18 e-folds¹⁷.

¹⁷Figure from V. Sreenath, *Computation and characteristics of inflationary three-point functions*, Ph.D. Thesis, Indian Institute of Technology Madras, Chennai, India (2015).



Spectral indices and the tensor-to-scalar ratio

While comparing with the observations, for convenience, one often uses the following power law, template scalar and the tensor spectra¹⁸:

$$\mathcal{P}_{_{\mathrm{S}}}(k) = A_{_{\mathrm{S}}} \, \left(\frac{k}{k_*}\right)^{n_{_{\mathrm{S}}}-1}, \qquad \mathcal{P}_{_{\mathrm{T}}}(k) = A_{_{\mathrm{T}}} \, \left(\frac{k}{k_*}\right)^{n_{_{\mathrm{T}}}},$$

where $A_{\rm s}$ and $A_{\rm T}$ denote the scalar and tensor amplitudes, k_{*} represents the so-called pivot scale at which the amplitudes are quoted, while the spectral indices $n_{\rm s}$ and $n_{\rm T}$ are assumed to be constant.

The tensor-to-scalar ratio r is defined as

$$r(k) = rac{\mathcal{P}_{\mathrm{T}}(k)}{\mathcal{P}_{\mathrm{S}}(k)}.$$



¹⁸See, for instance, L. Sriramkumar, Curr. Sci. 97, 868 (2009).

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CMB angular power spectrum from Planck



The CMB TT angular power spectrum from the Planck 2018 data (red dots with error bars) and the best fit Λ CDM model with a power law primordial spectrum (solid blue curve)¹⁹

¹⁹Planck Collaboration (N. Aghanim *et al.*), Astron. Astrophys. **641**, A6 (2020).

Performance of inflationary models in the n_s-r plane



Joint constraints on $n_{\rm s}$ and $r_{0.002}$ from Planck in combination with other data sets, compared to the theoretical predictions of some of the popular inflationary models²⁰.

²⁰Planck Collaboration (Y. Akrami et al.), Astron. Astrophys. 641, A10 (2020).

Spectra leading to an improved fit to the CMB data



The scalar power spectra (on the left) arising in different inflationary models (on the right) that lead to a better fit to the CMB data than the conventional power law spectrum²¹.

²¹ R. K. Jain, P. Chingangbam, J.-O. Gong, L. Sriramkumar and T. Souradeep, JCAP 01, 009 (2009);
D. K. Hazra, M. Aich, R. K. Jain, L. Sriramkumar and T. Souradeep, JCAP 10, 008 (2010);
M. Aich, D. K. Hazra, L. Sriramkumar and T. Souradeep, Phys. Rev. D 87, 083526 (2013);
For a recent discussion, see H. V. Ragavendra, D. Chowdhury and L. Sriramkumar, Phys. Rev. D 106, 043535 (2022).

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Timeline of the universe



A pictorial timeline of the universe²².

²²See http://wmap.gsfc.nasa.gov/media/060915/060915_CMB_Timeline150.jpg.

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Some essential properties of GWs

- The GWs are small disturbances in a given spacetime (very much like ripples in water), which travel at the speed of light.
- They satisfy the wave equation in the given background spacetime.
- The GWs are transverse in nature and are characterized by two degrees of polarization²³.



²³J. B. Hartle, *Gravity: An Introduction to Einstein's General Relativity* (Pearson Education, Delhi, 2003).

Polarization of GWs

A GW impinging on a ring of masses leads to oscillations of the particles depending on the polarization of the wave: plus (on the left) and cross (on the right)²⁴.

²⁴J. B. Hartle. *Gravity: An Introduction to Einstein's General Relativity* (Pearson Education, Delhi, 2003).



Sources of GWs²⁵

In order to generate GWs of detectable amplitude, the gravitational fields of the sources ought to be very strong.



Strong sources of GWs include

- Rotating neutron stars
- Exploding supernovae
- Coalescing binary neutron stars or black holes
- Supermassive binary black holes at the centre of galaxies
- Fluctuations in the early universe



²⁵Cartoon from http://www.sciencecartoonsplus.com/gallery/physics/galphys2b.php.

The spectrum of GWs



Different sources of GWs and corresponding detectors²⁶.



²⁶J. B. Hartle, *Gravity: An Introduction to Einstein's General Relativity* (Pearson Education, Delhi, 2003).

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Laser Interferometer Gravitational-Wave Observatory (LIGO)



Views of LIGO at Hanford (on the left) and at Livingston (on the right). These observatories are essentially Michelson-Morley interferometers with rather long arms (of length about 4 km) that are extremely sensitive to the smallest disturbances of the mirrors²⁷.



²⁷Images from https://www.advancedligo.mit.edu/summary.html.

GWs from inspiralling black holes (BHs)



Numerical simulations of the GWs emitted by the coalescence of two black holes. The orange contours represent the amplitude of the GWs and the blue lines represent the orbits of the black holes²⁸.

²⁸Image from E. Berti, Physics 9, 17 (2016).

First observation of the merger of binary BHs



On September 14, 2015, similar signals were observed in both of LIGO's interferometers. The top panels show the measured signal in the Hanford (top left) and Livingston (top right) detectors. The bottom panels show the expected signal produced by the merger of two BHs, based on numerical simulations²⁹.

²⁹Figure from B. P. Abbott *et al.*, Phys. Rev. Lett. **116**, 061102 (2016).

Coalescence of compact binaries observed by LIGO



Formation of PBHs

On November 7, 2021, the LIGO-Virgo-KAGRA Collaboration released the results of the second-half of their third observing run (O3b). This third GW Transient Catalog (GWTC-3) is the largest catalog of mergers involving black holes and neutron stars released thus far and includes events released in prior observing runs³⁰.

³⁰Image from https://www.ligo.org/detections/O3bcatalog.php.

Probing the primordial universe through GWs



GWs provide a unique window to probe the primordial universe³¹.



³¹Image from https://gwpo.nao.ac.jp/en/gallery/000061.html.

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Evolution of the scalar field in an inflationary potential



GWs induced by PMFs

The evolution of the scalar field in the so-called Starobinsky model has been indicated (as circles, in blue and red) at regular intervals of time. Inflation is terminated as the field approaches the bottom of the potential (near the light blue dot). Thereafter, the field oscillates at the bottom of the potential (indicated by the red dots).

Effects on $\Omega_{cw}(f)$ due to late time entropy production



The dimensionless spectral energy density of primary GWs observed today $\Omega_{_{GW}}(f)$ has been plotted in a scenario involving late time production of entropy³².

³²Md. R. Haque, D. Maity, T. Paul and L. Sriramkumar, Phys. Rev. D **104**, 063513 (2021).

Formation of BHs in the early universe



³³Figure from G. Franciolini, arXiv:2110.06815 [astro-ph.CO].

Amplitude required to form significant number of PBHs



In order to form significant number of primordial black holes (PBHs), the amplitude of the perturbations on small scales has to be large enough such that the dimensionless amplitude of the scalar perturbation is close to unity³⁴.

³⁴Figure credit G. Franciolini.

Single-field models permitting ultra slow roll inflation



Potentials leading to ultra slow roll inflation (with $x = \phi/v$, v being a constant)³⁵:

$$\begin{aligned} \text{USR1} : V(\phi) \ &= \ V_0 \ \frac{6 \, x^2 - 4 \, \alpha \, x^3 + 3 \, x^4}{(1 + \beta \, x^2)^2}, \\ \text{USR2} : V(\phi) \ &= \ V_0 \ \left\{ \tanh\left(\frac{\phi}{\sqrt{6} \, M_{_{\text{Pl}}}}\right) + A \, \sin\left[\frac{\tanh\left[\phi/\left(\sqrt{6} \, M_{_{\text{Pl}}}\right)\right]}{f_{\phi}}\right] \right\}^2 \end{aligned}$$

³⁵J. Garcia-Bellido and E. R. Morales, Phys. Dark Univ. **18**, 47 (2017);

I. Dalianis, A. Kehagias and G. Tringas, JCAP **01**, 037 (2019).

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Power spectra in models of ultra slow roll inflation



The scalar (in red) and the tensor (in blue) power spectra arising in various single field models that permit a period of ultra slow roll inflation³⁶.

³⁶H. V. Ragavendra, P. Saha, L. Sriramkumar and J. Silk, Phys. Rev. D **103**, 083510 (2021); Also see H. V. Ragavendra and L. Sriramkumar, Galaxies **11**, 34 (2023).

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Non-trivial inflationary dynamics in a two-field model



Behavior of the two scalar fields ϕ and χ (in blue and red, on the left) and the first slow roll parameter ϵ_1 (on the right) in the two field model of our interest³⁷. Note that there arises a turn in the field space around N = 70, when the first slow roll parameter begins to decrease before increasing again, leading to the termination of inflation.

³⁷M. Braglia, D. K. Hazra, F. Finelli, G. F. Smoot, L. Sriramkumar and A. A. Starobinsky, JCAP 08, 001 (2020).

Enhanced power on small scales in the two-field model



The scalar (on top) and the tensor (at the bottom) power spectra evaluated at the end of inflation have been plotted for a few different sets of initial conditions for the fields and a range of values of a particular parameter³⁸.



³⁸M. Braglia, D. K. Hazra, F. Finelli, G. F. Smoot, L. Sriramkumar and A. A. Starobinsky, JCAP 08, 001 (2020).

$f_{\rm PBH}(M)$ in models of ultra slow roll inflation



The fraction of PBHs contributing to the dark matter density today $f_{PBH}(M)$ has been plotted for different models and scenarios of interest³⁹.

³⁹H. V. Ragavendra, P. Saha, L. Sriramkumar and J. Silk, Phys. Rev. D **103**, 083510 (2021).

$f_{\rm PBH}(M)$ in the two-field model



The fraction of PBHs contributing to the dark matter density today $f_{PBH}(M)$ in the two-field model of our interest⁴⁰.

⁴⁰M. Braglia, D. K. Hazra, F. Finelli, G. F. Smoot, L. Sriramkumar and A. A. Starobinsky, JCAP 08, 001 (2020).

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$\Omega_{_{\mathrm{GW}}}(f)$ in ultra slow roll inflation



The dimensionless density parameter Ω_{GW} arising in the models and reconstructed scenarios leading to an epoch of ultra slow roll inflation has been plotted as a function of the frequency f^{41} .

⁴¹H. V. Ragavendra, P. Saha, L. Sriramkumar and J. Silk, Phys. Rev. D **103**, 083510 (2021).

$\Omega_{ m gw}(f)$ in the two-field model



The dimensionless density parameter $\Omega_{\rm GW}(f)$ arising in the two-field model has been plotted for a set of initial conditions for the background fields as well as a range of values of a parameter describing the model⁴².



⁴²M. Braglia, D. K. Hazra, F. Finelli, G. F. Smoot, L. Sriramkumar and A. A. Starobinsky, JCAP 08, 001 (2020).

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Pulsars



Pulsars are dense and rotating neutron stars that emit regular beams of light⁴³.



⁴³Image from https://dmr-astronomersclub.blogspot.com/2012/07/what-is-pulsar.html.

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Pulsar timing arrays (PTAs)



The PTAs monitor an array of millisecond pulsars⁴⁴.



⁴⁴See https://ipta.github.io/mock_data_challenge/.

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Hellings-Downs curve



The inter-pulsar correlations measured from 2,211 distinct pairings in the 67-pulsar array of the NANOGrav 15-year data. The dashed black line shows the Hellings-Downs correlation pattern⁴⁵.

⁴⁵NANOGrav Collaboration (G. Agazie *et al.*), Astrophys. J. Lett. **951**, 1 (2023).

Constraints on the spectral amplitude and index of GWs



Constraints on the amplitude A and the index γ of the stochastic background of GWs from the NANOGrav 15-year data⁴⁶.



⁴⁶NANOGrav Collaboration (G. Agazie *et al.*), Astrophys. J. Lett. **951**, 1 (2023).

Stochastic GW background observed by pulsar timing arrays (PTAs)



The Bayesian evidence for a variety of astrophysical and cosmological sources for the stochastic GW background suggested by the observations of the PTAs⁴⁷.

⁴⁷NANOGrav Collaboration (G. Agazie *et al.*), Astrophys. J. Lett. **951**, 1 (2023).

Generation of secondary GWs during the epoch of reheating



The dimensionless spectral energy density of primary and secondary GWs today $\Omega_{GW}(f)$ have been plotted for a given reheating temperature and different values of the parameter describing the equation of state during reheating⁴⁸.

⁴⁸S. Maity, N. Bhaumik, Md. R. Haque, D. Maity and L. Sriramkumar, in preparation.

Constraints on the epoch of reheating



Constraints on the parameters describing the primordial scalar power spectrum and the epoch of reheating, arrived at upon comparison with the NANOGrav 15-year data⁴⁹.



⁴⁹S. Maity, N. Bhaumik, Md. R. Haque, D. Maity and L. Sriramkumar, in preparation.

Secondary GWs induced by primordial magnetic fields (PMFs)



The dimensionless spectral energy density of secondary GWs observed today $\Omega_{_{\rm GW}}(f)$, induced by the PMFs, have been plotted for different reheating temperatures (on the left) and different values of the parameter describing the equation of state during reheating (on the right)⁵⁰.



⁵⁰S. Maiti, D. Maity and L. Sriramkumar, arXiv:2401.01864 [astro-ph.CO].

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- The increasingly precise observations of the CMB by future missions such as Lite-BIRD (Lite, Light satellite for the studies of B-mode polarization and Inflation from cosmic background Radiation Detection), Primordial Inflation Explorer (PIXIE) and Exploring Cosmic History and Origin (ECHO, a proposed Indian effort) can be expected to help us improve the current constraints on the primordial correlations.
- The observations by LIGO are a culmination of almost fifty years of effort to detect GWs. They have opened up a new window to observe the universe.
- The observations by the PTAs and their possible implications for the stochastic GW background offer a wonderful opportunity to understand the physics operating in the early universe.
- Over the coming decades, GW observatories such as the Laser Interferometer Space Antenna (LISA), Einstein Telescope and Cosmic Explorer, can be expected to provide us with an unhindered view of the primordial universe.



Collaborators

Collaborators I



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Debika Chowdhury



George Smoot



Matteo Braglia



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Thank you for your attention