The IAGRG in its General Body Meeting held on 8th March, 2013, during the 27th IAGRG meeting held at the H. N. Bahuguna Garhwal University, Srinagar, Garhwal (March 7-9, 2013) decided on conferring an award to a young researcher every two years, from the year 2015. The following are the details on this award as framed by the Council with inputs from several past Presidents and Secretaries.

- The age of the awardee should be less than or equal to 42 years (for women who have availed of maternity, child-care leave and/or have had career breaks due to specific, valid reasons) and 40 years (for men), as on the 31st of December of the year preceding the year in which an IAGRG meeting is scheduled to be held.
- The awardee must have a doctoral degree from India or abroad and must be an Indian national. However, she/he must have spent at least 4 (four) years working in India (as a post-doctoral fellow/faculty member/scientist). In exceptional cases, the requirement of 4 (four) years may be relaxed on recommendation of the Award Committee and on subsequent approval by the IAGRG Council.
- The awardee must have worked on any area of Gravitation, Cosmology or Relativistic Astrophysics—theoretical, experimental or observational.
- A five member Award Committee comprising of three external experts, the IAGRG President and Secretary will take the final decision on the awardee for a given year. The IAGRG Secretary will act as the Convenor of this Committee. The names of the three experts in this Committee as well as the
Chairman of the Committee, for a given year, will be decided by the IAGRG Council.

- All IAGRG members will be eligible to nominate a prospective awardee. Nominations will be invited by the IAGRG Council, received within a certain date and then placed before the Award Committee. Nominations must include a brief CV, a list of publications, a summary of past research and future plans and two recommendation letters from persons familiar with the work of the candidate. The nominator must also give appropriate reasons in her/his covering letter explaining clearly why the candidate deserves the award. Self-nominations will not be allowed.

- The award will carry an honorarium of Rs 10,000 and an appropriate citation as decided by the Award Committee. It is desirable that the awardee participates in the IAGRG meeting where the award will be given and deliver a lecture of 40+5 minutes duration.